

north coast

thursday sept. 17, 2015 vol XXVI issue 38 • Humboldt County, Calif. FREE

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25

4 Not nice enough 9 I smell Eureka 12 Gone to pot 21 Stinking rose 23 Big fat Greek chicken 30 Put another quarter (century) in the jukebox 35 M. Night Shameful



# Dream Athletics

## All Star Cheer, Tumble & Dance

Owners Hakim and Ashley opened Dream Athletics in June. The gym is located at 69 W 3rd Street in Eureka. With 20+ years of cheerleading experience, Hakim and Ashley provide Humboldt County with the best in cheer, tumbling and dance. Dream Athletics offers a number of classes including multiple cheer teams, beginning through advanced tumbling, as well as Hip Hop and popping classes. They even host a parent's night out, where parents can drop their kids off while they have a date night.

Dream Athletics will soon be the home of a brand new tumble track thanks to Murphy's Market, who is a sponsor of the gym. "Murphy's is very supportive of the gym. They are helping us get a new tumble track," explains Ashley. With this new tumble track Ashley and Hakim hope to expand their classes and get people that are new to tumbling into the gym.

For more information about Dream Athletics, including hours and contact info, visit their Facebook page. You can also stop by the gym in person to pick up schedules and more info about classes. Ashley and Hakim would also like to thank Murphy's Market for their continued support.



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# table of CONTENTS

- 4 Publisher**  
COUNTING RINGS
- 5 Mailbox**
- 5 Poem**  
ORIGINS OF ART
- 9 News**  
EUREKA STINKS
- 10 NCJ Daily**
- 12 Week in Weed**  
OUT OF THE SHADOWS
- 14 On The Cover**  
HUMBOLDT THEN AND NOW
- 21 Down and Dirty**  
GROWING GORGEOUS GARLIC
- 23 Table Talk**  
A COOK'S JOURNAL REVISITED
- 24 Home & Garden**  
SERVICE DIRECTORY
- 26 Music & More!**  
LIVE ENTERTAINMENT

- 30 The Setlist**  
KNOWING WHERE YOU'VE BEEN
- 31 Calendar**
- 35 Filmland**  
TWIST AGAIN
- 37 Workshops**
- 41 Sudoku**
- 41 Crossword**
- 41 Marketplace**
- 45 Body, Mind & Spirit**
- 46 Real Estate This Week**
- 46 Automotive**

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# Counting Rings

**W**e're celebrating a rather significant anniversary here at the *Journal* — our 25th. Where were you and what were you doing in 1990, the year the *Journal* was born?

I was often in a one-room office on the third floor of the Carson Block Building in Old Town Eureka with my two business partners — Carolyn Fernandez and Rose Welsh, both graphic artists. We had an ad agency called Adworks, no employees and maybe a half dozen clients. (A big shout out to Miller Farms and Mid-City Motor World.)

Two years prior, I had been fired from my dream job as editor of the Arcata *Union*. Unofficially, the publisher told me, I "wasn't friendly enough" to the timber industry. I told him, "I wasn't taught that in journalism school" and packed my belongings in a cardboard box. I thought my journalism career was pretty much over.

At the ad agency we created marketing plans for our clients that included direct mail, print ads, TV and radio commercials. One of the publications we placed ads in was something new called the *North Coast Journal* — an unattractive monthly newspaper, folded into quarters and distributed in coffee shops. The original founders took journalism seriously, something that was sorely lacking in Humboldt County in 1990. Long story short, we bought the *Journal* from them for a pittance (they were leaving town), completely redesigned it and relaunched with our first issue in July. We struggled financially for eight years as a monthly, and then converted to a weekly on Sept. 3, 1998. We were embraced by readers — and finally by more advertisers. Today the print *Journal* is read by almost half the residents of Humboldt County every week.

I'm 68 now. I've been retired from the day-to-day operations of the *Journal* for almost two years. (Carolyn and I are still majority stockholders and I retain the title of publisher.) When I checked in to see what the plans were for the anniversary edition, our editorial team was busily scouring through those first editions. They decided to take a fresh look at three topics: homelessness, the economy and — remember 1990? — Timber Wars.

About the economy: Bottom line is

it's still precarious but in a very different way. Back then, it was the rapid decline in timber and manufacturing jobs. Today the big unknown is the effect possible of marijuana legalization in 2016. How fast will that air leave our economic balloon?

Homelessness is still very much with us. The faces continue to change. I remember when we first put a homeless man's face on the cover, I started getting calls from Trinidad readers saying they mysteriously couldn't find the *Journal* anywhere. I found out later a guy from the chamber of commerce was dumping them all in the trash. Bad for tourism! (Paul Kirk later became my county supervisor for the sprawling 5th District. Unfortunately.)

And the Timber Wars are pretty much over. The reasons are varied. I was out with a camera on the Samoa peninsula when the national media came to town for an event called Redwood Summer. Louisiana-Pacific gave its guys some time off, told them to put on clean shirts and wave pre-made signs. The enviros were out in force, too, demonstrating and singing — all very colorful and rather benign. Later I covered the not-so-benign pepper spray incidents. I was on the scene that day outside Congressman Frank Riggs' Eureka office when our sheriff ordered officers to use pepper spray on the demonstrators. One officer sprayed directly into someone's face from about 12 inches away. Even more effective was the application directly into the eyes using a Q-tip and liquid pepper spray in a paper cup. Of course nobody was killed or maimed. We never had videos of what went on in the woods either, how those demonstrators were arrested — some of whom claimed they were dragged by their hair.

The 1990s was a decade of timber companies behaving badly with Pacific Lumber Co. leading the pack. One Thanksgiving, PL (later rebranded PALCO) ordered its timber fallers into the woods to cut on Wednesday afternoon, knowing enviros could not get a court order to halt the logging until Monday morning. In four and a half days, all the targeted old growth trees were horizontal. PL doubled its cut for years and other timber companies followed suit, racing to cash in on old growth before they could be stopped. Even Miller-Rellim out of Crescent City cut the ancient forest that

served as a magnificent background for the film *Return of the Jedi*.

The Timber Wars subsided with more pressure and lawsuits from environmentalists, more government oversight and, frankly, so little old growth left to cut. Tensions have eased, too, because timber companies began to change. I like to think it was partly because of Humboldt State University and other schools, which were turning out some good forest scientists who went to work in the timber industry.

These are just three topics from our first year. But boy, what fun it was to cover Eureka City Hall's string of fired city managers (four in 10 years). Then there was one memorable profile I did of Democratic political activist Cindy Watter, who was moving out of the area. She said her biggest disappointment was that the proposal to locate a University of California campus on the North Coast had failed. "Unfortunately, we discovered people on the right saying they didn't want any more environmentalists up here and people on the left saying they didn't want any more people."

That's the North Coast. Don't you love it? And by the way, where were you in 1990 and what do you remember?

— Judy Hodgson

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ISSN 1099-7571 © Copyright 2015



The *North Coast Journal* is a weekly newspaper serving Humboldt County. Circulation: 21,000 copies distributed FREE at more than 350 locations. Mail subscriptions: \$39 / 52 issues. Single back issues mailed / \$2.50. Entire contents of the *North Coast Journal* are copyrighted. No article may be reprinted without publisher's written permission. Printed on recycled paper with soy-based ink.

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**on the cover:**  
Photo montage by Holly Harvey



## Origins of Art

*Inspiration demands the active cooperation of the intellect, joined with enthusiasm. — Giorgio Vasari*

We don't create art,  
not in the first instance anyway.

It impregnates us.

We carry it to term by interior osmosis;  
gestation lasts days or decades.

Art is in the unconscious  
until we sublimate it,  
even as we nourish and discipline  
inspiration with creativity.

It remains in us at one step removed  
when we 'finish' it —

no work of art can mature in full;  
the artist doesn't live long enough to complete it.

Of course it takes on a life of its own.

The umbilical is cut.

Don't mistake the art for the artist.  
The two are independent existences,  
at odds as often as not.

The inspiration and its result  
are at times ominously close to alien.

Yes, art is in me,  
but it is not mine.

When it is 'done,'  
it becomes yours briefly  
for the vanishing, ungraspable moment.

Because art, too, is ungraspable,  
its ultimate origins unknown.

Not even the artist can decipher  
the reality behind art's illusion —  
if there be one.

— Paul Mann

MAILBOX

## Remember Terry

Editor:

Last week a man was beaten to death behind the courthouse market. His name was Terry (see "NCJ Daily," page 11). Beyond whatever vices Terry pursued, he was a person, he was my friend, and I felt blessed when I could trade a couple of dollars — paper — for five or 10 minutes of his time. Terry was harmless, and he really did not deserve such an end.

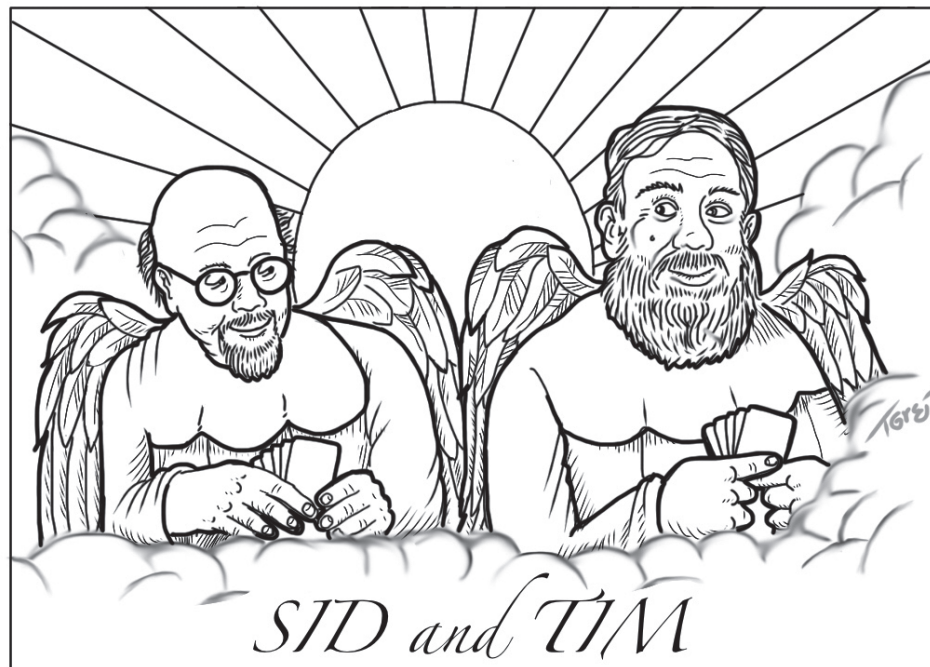
Beyond events, I want to know where Terry's funeral is being held, and keep your awareness. I will feel guilty, personally, I didn't do more for that man while I could, until my expiration date. This is not everybody's fault, and I don't want to berate anyone. If I could ask anything, I would ask you to remember Terry with me, maybe donate to a proper funeral and burial for him.

*Derrick Bessey, Eureka*

## But is it Art?

Editor:

My compliments on the vivid descriptions of the interior of the cabin in the Arcata Community Forest ("Cabin Fever," Sept. 10). They correlate uncannily with the *Mad River Union's* original reporting, based on



CARTOON BY TERRY TORGERSON

my visits to the mysterious little house.

And yet it seems like there's something missing from your story.

*Kevin L. Hoover, Arcata*

Editor:

I want to commend Gabrielle Gopinath on her lovely article honoring the art that was the Community Forest cabin. She is right in saying this story enchanted many of us, myself included, and I so appreciate her highlighting what made this story fascinating, inspiring, and artistic social commentary. And thank you to the individual(s) who so thoughtfully created, and then removed the cabin; though I know it had to go, I silently cheered on its existence and its resistance to convention.

*Julie Slater, Fieldbrook*

## AT&T Outrage

Editor:

For the second time we have experienced a loss of cell phone and internet

service due to a vandalized fiber optic line ("NCJ Daily," Sept. 10). It seems that AT&T should have taken precautions to ensure that this did not happen again. Rather than invest in these precautions, AT&T remained focused on profit and failed to recognize that the loss of profit from not taking action would be far greater. Not to mention the loss of confidence in AT&T from customers and other companies who depend on AT&T. Corporations are not so great at running things and such incidents occur. Do we really want to hand over functions of government to them as right wing Republicans would have us do?

There should have at the very least been some kind of backup infrastructure in place and tighter security to prevent this from happening again. They have no real idea of who has been doing this because there are no surveillance cameras at these sites. The vandal was able to easily access the fiber optic lines and commit the act and get away. There was no real access control in place to at least

*continued on next page ►*

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make it difficult for the vandal to get in. Some kind of individualized security code should be necessary for access. Perhaps they should also invest in security guards to monitor activity at fiber optic access areas.

The person or persons who vandalized the fiber optic line should be identified and held liable, but AT&T also bears responsibility for this and we should demand that they take actions to insure that

this does not happen again. Because AT&T has the influence that money buys, they will not be held accountable and they will not invest in any measures to prevent this from happening again because profits are more important. How many times does this have to happen before AT&T recognizes this and really takes action? How many more times before we stand up and demand action?

*Todd Heiler, Ferndale*

## Keep Roads Truckproof

Editor:

The article entitled "Crash" (Sept. 3) is a sad commentary but highlights the safety problems that already exist on Humboldt County's roadways. Our citizen group CRTP (Coalition for Responsible

Transportation Priorities) is seeking community input on ways to make our roads safer and more inviting to pedestrians and bicyclists. Some of these initiatives include spending our transportation dollars on maintenance and repair of our existing roadways, adding bicycle and pedestrian pathways or trails where practical and increasing spending on developing mass transit options that are more accessible and useful to our rural population.

In furtherance of these goals we oppose the Richardson Grove and 197/199 Del Norte projects that will result in an increase in the largest trucks driven on our local roads by out-of-area drivers coming from points all across North America. In fact, that's the point of these projects — to allow the biggest trucks to carry goods from their distant origins all the way to end points in Humboldt County (or through Humboldt County to endpoints beyond).

According to the Insurance Institute for Highway Safety, large trucks are only 4 percent of registered vehicles, but account for 11 percent of fatal accidents. When a big truck and a car collide, 97 percent of those who die are car occupants. The last thing we need on Humboldt County's roads are more big rigs driven by tired drivers who are not familiar with our area's steep, winding roads.

We believe there are better projects on which to spend our limited transportation dollars than on projects that add additional hazards to our roads. For those interested in contributing their ideas, please access [www.transportationpriorities.org](http://www.transportationpriorities.org) or on Facebook: Coalition for Responsible Transportation Priorities.

*Barbara Kennedy, Weott*

## Full Stop

Editor:

In part four of the series "The Reluctant Cyclist," (Sept. 3) Jennifer Savage asked, "How wrong is this?" in reference to bicycling through the intersection of 14th Street and L.K. Wood Boulevard without stopping at the stop sign. I appreciate the opportunity to write about one of my least favorite things when driving a car. I think it's quite wrong. I acknowledge that it takes lots more effort for a bicyclist to stop and start than a car driver. I'm even intrigued by the possibilities of an Idaho stop law, where stop signs get treated like yields and stop lights stay as full stops. But for today, that's not the law.

When I am driving in the car with my 9-year-old, we have had numerous discussions about the bicyclists and

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skateboarders who go through stop signs right in front of us without stopping. I tell him that he can bike, board or scooter on the streets when he has the ability to follow the laws of traffic. There are intersections with hills, including L.K. Wood and 14th Street, where I take extra time to look out for bicyclists and skateboarders to see if they're going to respect the stop sign. I don't want anyone's life to change in the way it would change if a bicyclist or skateboarder crashed into my car. If they are to be done at all, it would be better if such non-stops at stop signs were part of the rules of the road.

*Susan Gehr, Blue Lake*

## Miffed by the Races

Editor:

Where did Jason Cole ("On Conviviality," Sept. 3) get the idea that the noise from Redwood Acres Raceway is "one or two days a month during the day?" The schedule posted on the Raceway's website lists 12 stock car races that start at 6:30 p.m. (and sometimes don't end until after 10 p.m.) between April 25th and the end of September. This year, three motorcycle races and a monster truck event were also held (and these may be not all that were added). This means that approximately three weekend events per month were dedicated to racing, nearly all of them on Saturdays. (Mr. Cole lives in Fieldbrook, so isn't among the thousands of residents that have to put up with the noise at the time of year and day of the week they'd like to be outside enjoying their yards.)

And the above-mentioned bouts of concentrated vrooming don't take into account the practicing, which occurs for hours on the day of the race and often the day before. This year, practicing has been happening other days of the week as well. According to raceway management, drivers can pay to reserve the track to practice at any time, so one vehicle roaring around can be heard by a wide circle of city and county residents. The raceway seems to care little about impacting the quality of life of the much-

## Comment of the Week

My strains are doing well, and howbadly are you in need?  
My new grow is set to go!!  
Order some good marijuana and codeine i have a stock of over 100 strains of good cannabis with stinky smell and high quality going for amazing quantities and very moderate prices.

— donkenedy, commenting/spamming on "The Week in Weed."

larger non-racing community.

I was dismayed to learn from the Humboldt County Planning Department that, because the facility is owned and regulated by the state of California, the county has no say about the level of noise!

*Sue Leskiw, Eureka*

## Photo Finish

Editor:

Although I live in San Jose, my family has been connected to Humboldt County since the founding of Ferndale. Likewise, since my childhood, I have attended the Humboldt County Fair many times.

Therefore, I read Rod Kausen's recent article in the *NCJ*, reflecting on the fair, the races, the history and the humanness of this little piece of Americana with great delight ("Once More around the Track," Aug. 20). He captured it very well, and I simply wanted to compliment him on the article and the pleasure it gave me. I did attend the races once this year, and had a few hours in the exhibits and other parts of this great event. It remains the quintessential experience as far as county fairs and small town America go, in my opinion.

*Daniel A. Cabrera, San Jose*

## Write a letter!

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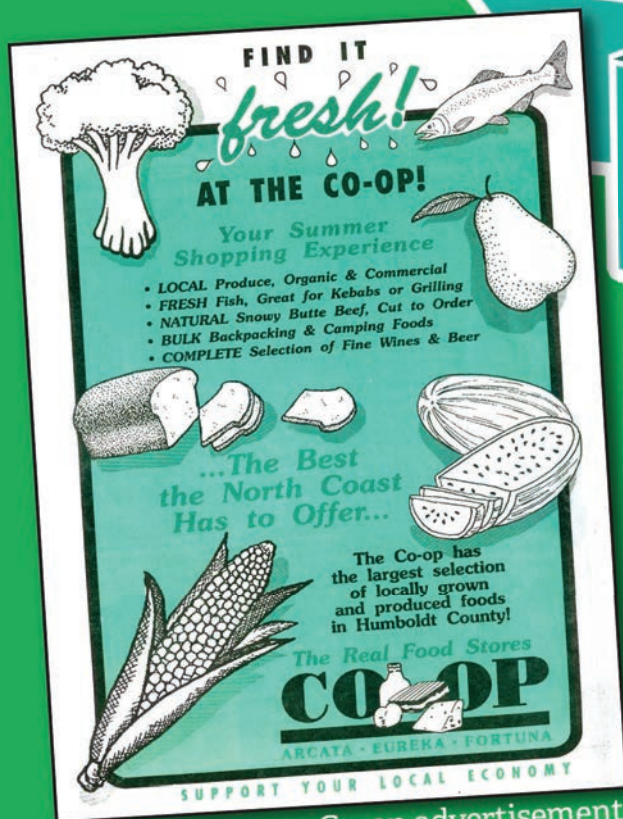
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# Eureka Stinks

But not for long

By Grant Scott-Goforth

grant@northcoastjournal.com



PACIFIC COAST SEAFOODS, ON WATERFRONT DRIVE. GRANT SCOTT-GOFORTH

**A**h, summer days in Old Town Eureka. Just a hint of heat from the sun, the bay calmly lapping at the waterfront, the seagulls drifting overhead. And. That. Stench.

If you've visited the north side of Eureka during the daytime in the last month or two, there's a good chance you've caught a sniff of that odor. It's particularly attendant on the warmer days. And no, it's not just the smells of the bay, the briny, fishy, earthy and sometimes sulfuric amalgamation that's expected — welcome, even — on a working waterfront. This one is villainous, potentially fishy, but with an overwhelming tang of decay.

On certain days, the smell reaches across Eureka's Old Town, into the downtown and possibly beyond. Astonishingly, it hasn't reached every nose, though.

Eureka Chamber of Commerce Director Don Smullin said no member businesses had complained to him about the smell, and he chalked it up to typical seaport odors. In fact he said, that's part of the tourist draw — the bouquet of the sea. Smullin obviously hadn't experienced what we'd experienced. But here's the good news: It's most likely going away.

Over the last few months, North Coast Unified Air Quality Management District Compliance & Enforcement Division Manager Al Steer received several complaints about the smell. He followed his nose around Old Town, but was unable to identify its source. When he got another report, he sent out an investigator, who tracked to odor back to Pacific Choice Seafoods, the large fish processing plant on Waterfront Drive.

That investigator wasn't the first person to trace the source of the smell. Brittney Christensen is the assistant manager at Bar-Fly, the pub and eatery that sits right next door to Pacific Coast Seafoods.

One cheery afternoon, when asked about the smell, her eyes opened wide with understanding. It's not like other waterfront smells, she said — it's not even like most of the smells that come out of the seafood processing plant. Christensen said the stink is especially bad on warm days — when it gets positively hot behind the bar — and it irritates customers, but not so intensely that they're walking away from their pints.

Some of her favorite customers are Pacific Choice employees who come to eat and drink after work, and she's told them, "You guys are great, but seriously — it's awful."

The noxious odor is the result of Pacific Choice's shrimp processing procedure. And, according to Steer, the company is keenly aware of it. By the time the air quality investigator visited Pacific Choice, the company was already working on installing a new screw press, which apparently separates shrimp meat from shells and water so it can be sold as animal feed. (Pacific Choice Seafoods did not return multiple calls seeking comment.)

Steer said the company had been seeking ways to cut down on the odorous output of the process, and had discovered a Washington State-based company that had developed a much drier way to extract the shrimp proteins. This process supposedly cuts down odors by 95 percent, Steer said, and Pacific Choice told his investigator that it was spending between \$50,000 and \$75,000 to build a similar setup, which it plans to install after the shrimp season ends on Oct. 31. "They don't expect to have this problem after this month," Steer said.

The smell doesn't pose health problems, Steer said, it's merely aesthetic. As he puts it, "unpleasant."

That may seem like an understatement,

but Steer would know. His office had to take enforcement action years ago on a processing plant in Fields Landing that was grinding shrimp shells and dissolving the mush into fertilizer. That generated multiple complaints, and Steer himself went to investigate on at least on occasion. He said he was careful not to step in puddles and touched nothing in the building except the clipboard he'd brought to write on.

"I walked out of that facility after talking to a supervisor and came back to my office," Steer said. "The office staff told me to leave, go home, take a shower, change my clothes and come back. That's how bad that was."

To start enforcement procedures, the air quality board must determine that a person or company is discharging contaminants that are an "annoyance to any considerable number of persons," according to state code. Steer said the board determines on a case by case basis the immediate population local to the source and judges 10 percent of that number a "considerable number of persons."

Steer seemed happy with Pacific Choice Seafoods' efforts, saying the company was making a major investment. "And that's a real benefit to their neighbors," he said.

Charlotte McDonald, the director of Eureka Main Street, said she and others in her organization have noticed fishy smells in the Old Town area for years. She thinks the stink was worse this summer because of less rainfall and more warm days. Foggy summers, she said, weigh down the pungence. And while she did have concerns that the air wafting over from a working waterfront could cause concerns for businesses — particularly restaurants — she said there's a silver lining as well.

"The reality is, that smell is also economic development."



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## NCJ DAILY

### CINEMA

#### Uncorking the Wine of Summer

Were you wondering if movie buffs at Portugal's 2013 Duoro Film Harvest and the crowd at the 2013 Humboldt premier were the only people who'd ever see the *The Wine of Summer*? Well, so was local filmmaker Maria Matteoli for a minute there. But come Oct. 6, the film, shot both in Spain and here in Old Town Eureka, will open at the Fine Arts Beverly Hills theater — the whole Hollywood red carpet treatment. In a phone interview, while wrangling her 2-year-old son, Matteoli says it's a big deal for such a small film.

"I'm so shocked that it even got theatrical release," she says with a laugh. The hunt for a distributor started in 2012, but Matteoli feels winning a prize at the film fest in Portugal helped the movie land the deal with New Films International. The *Wine of Summer* is slated for release in 10 cities with the possibility of wider distribution depending on ticket sales.

Not that Matteoli has been sitting

around waiting. "I already have financing and we've already started casting for my new film," she says. While she won't say who, she hints that an Academy Award-winning actress is interested in the lead role in *Lady of the Canyon*, about explorer/author Isabella Bird, who traveled in Colorado in 1874. Set to be shot in Colorado and England, the film spans Bird's life but is focused on her early 40s, if that helps you speculate on the actress any.

— Jennifer Fumiko Cahill

### MEDICAL / HEALTH

#### Right-to-die Law Passes

The California Senate and Assembly passed legislation last week that will allow terminally ill people to end their own lives with a doctor's assistance, so long as Gov. Jerry Brown signs the bill.

The bill will allow doctors to prescribe life-ending medication to people who've been told they have six months or less to live, providing they are of sound mental capacity to make the request. The *Journal* featured a story on the effort to enact right-to-die legislation earlier this year — see "How to Die in California" in the Jan.

29 edition. Former North Coast Assemblywoman Patty Berg has long been undertaking an effort to pass the law.

— Grant Scott-Goforth

### GOVERNMENT / MARIJUANA

#### Medical Marijuana Bills Pass

The state Assembly and Senate approved a trio of medical marijuana regulations just before a Sept. 11 deadline. The bills were the subject of some last minute tweaking, and reports of stubbornness regarding authorship began to leak out of the capitol in the days before consensus was reached.

The bills will go before Gov. Jerry Brown for final approval. He is expected to sign them, as reports have indicated that his office contributed quite a bit of the final language of the bills.

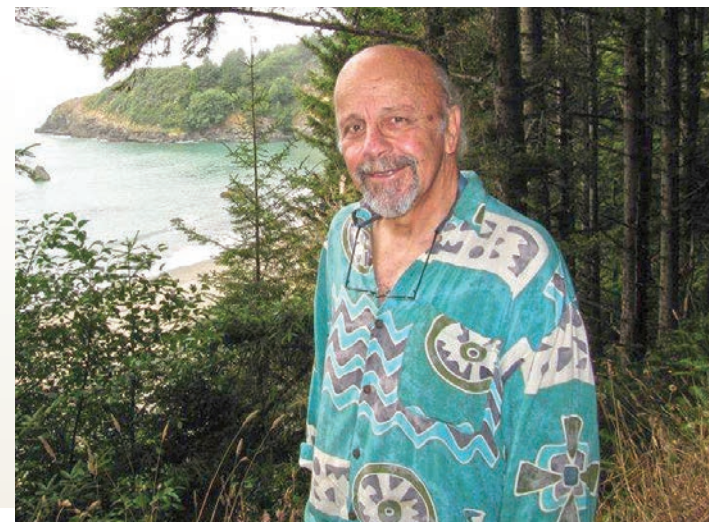
Emails from North Coast Assemblyman Jim Wood and Sen. Mike McGuire's offices announced an accord between the bills that will fold the marijuana cultivation regulations from Wood's Assembly Bill 243 into McGuire's bill.

— Grant Scott-Goforth

SIDNEY DOMINITZ, A LONGTIME HUMBOLDT STATE UNIVERSITY LECTURER AND EDITOR OF THE NORTHCOAST ENVIRONMENTAL CENTER'S ECO NEWS, DIED OF HEART FAILURE SEPT. 11. HE WAS 74. A FIXTURE ON THE NORTH COAST FOR ROUGHLY 40 YEARS, DOMINITZ IS REMEMBERED BY FRIENDS AND COLLEAGUES AS A MAN WHOSE SHARP WIT AND WARM HEART SPILLED THROUGH HIS EDITING PEN AS HE IMPROVED THE WORK OF THOSE AROUND HIM. A CEREMONY WILL BE HELD FOR DOMINITZ AT TRINIDAD CEMETERY AT 2 P.M. SEPT. 19, WITH A RECEPTION TO FOLLOW AT HIS HOME. IN LIEU OF GIFTS OR FLOWERS, THOSE WHO FEEL COMPELLED ARE ASKED TO DONATE TO THE NORTHCOAST ENVIRONMENTAL CENTER OR PLANT A TREE IN HIS HONOR. READ MORE ABOUT DOMINITZ AT

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## EMERGENCY

### Body Found in Redwood Park

A hiker found the dead body of a young woman in Arcata's Redwood Park on Sept. 10.

Arcata Police Chief Tom Chapman said no identification was found on the body, which appears to be that of a young woman in her early 20s. He said investigators are currently working to identify the woman, who he estimated had been deceased for three to seven days.

Humboldt County Chief Deputy Coroner Ernie Stewart says the woman's death appears to be a suicide. She had apparently hanged herself by sliding down a hill. Stewart offered a description of the woman in the hopes that the public can help identify her.

She is believed to be between 19 and 23 years old, was 5 feet 3 inches to 5 feet 4 inches tall, and weighed 125 pounds. She was wearing a shirt that said "Gypsy Soul," with skinny jeans and a skirt over the jeans. And she had several tattoos: a thin outline of angel wings covering her entire back with a four-sided star in thick, bold ink inside one of the wings; a large red rose on her hip; and a black scorpion 5 to 6 inches long on her lower left abdomen.

Chapman asked anyone with information about the case or women who have gone missing in recent weeks to call the Arcata Police Department at 822-2428.

— Thadeus Greenson

## EDUCATION

### Last CAASPP Efforts

School just started, but test scores are already out in one area — the California Assessment of Student Performance and Progress (CAASPP). The test, which measures students' mathematics and English skills, was only implemented spring of this year. How does Humboldt measure up? Not real well.

Over a quarter of students in third through eighth grades do not meet the state standards for English or math. The

mathematics number rises to nearly 46 percent of fifth grade students, and a full half of 11th graders. What does that mean? Well, according to the state's website, it means that half of this year's senior class will have to do a lot of catching up if they want to do well in college. Or, as the state's website puts it, these students have "not met the achievement standard and need substantial improvement to demonstrate the knowledge and skills in mathematics needed for likely success in entry-level, credit-bearing college coursework after high school."

But take heart — Humboldt students were on par with students across the state, meaning that if you're grading on a curve, we're pretty okay. The CAASPP website cautions that, since this is the first year the testing has taken place, it's to be used as more of a "starting point," a baseline for future performance. Lori Breyer, school support and accountability coordinator at the Humboldt County Office of Education, said they expected the results to be "a little bit lower, just because this is a brand new test."

Breyer said the CAASPP is an improvement in some respects from the STAR testing.

"What I heard from kids, including my own daughter, is that they had fun with the test," she said. "It's engaging. It's gone away from the paper bubble to an interactive test. It's requiring some skills on how to use a computer. One of the wonderful results is a better emphasis on technology."

— Linda Stansberry

## CRIME

### Homicide in Eureka

Eureka police are investigating the killing of a homeless man that occurred near

the Courthouse Market on Fourth Street on Sept. 8.

Police Chief Andy Mills confirmed that his department is in the midst of a homicide investigation, saying Terry Lee Thomas, a "well-known" local homeless man, was assaulted and died as a result of his injuries. Mills said detectives have identified people involved in the assault, but may not be able to officially determine a suspect until receiving an official cause of death from the Humboldt County Coroner's Office.

Meanwhile, EPD continues to investigate the shooting death of Dax Brown, 18, of McKinleyville, who was found in Hammond Park bleeding from a gunshot wound on Sept. 5. Thomas' killing is the county's 10th this year, adding to a grisly three-year span that has totaled 37 homicides since the beginning of 2013.

— Thadeus Greenson

## COURTS

### Special Prosecutor Hired for Warren Trial

The Humboldt County District Attorney's Office is bringing in a special prosecutor to try the double-murder case of Jason Anthony Warren.

Neither District Attorney Maggie Fleming nor Public Defender Kevin Robinson, one of the attorneys representing Warren, would comment on the move, citing a gag order looming over the case. But Mendocino County District Attorney spokesman Mike Geniella confirmed it.

"Yes, we have an arrangement with Humboldt County to provide an experienced prosecutor — our most experienced prosecutor — to handle this case," Geniella said, identifying the prosecutor as Mendocino County Assistant District Attorney Paul Sequeira, who will come to

Humboldt with an accomplished resume, though one speckled with controversy.

Sequeira has worked as a prosecutor for more than 30 years, including 27 with Contra Costa County, and has tried more than 30 murder cases, according to Geniella.

Warren stands accused of torturing and murdering Dorothy Ulrich in her Hoopa home before stealing her car and using it to run down three runners on Old Arcata Road, including Humboldt State University lecturer Suzanne Seemann, who was killed. Warren has pleaded not guilty in the case and faces life in prison if convicted.

Sequeira successfully prosecuted a host of high-profile murder cases while in Contra Costa.

"He's very highly regarded," said Geniella.

But Sequeira's career has also not been without controversy. He left the Contra Costa DA's Office in August of 2011 after being twice punched in the face in a 15 month span. The first came when Sequeira, then the office's assistant district attorney, was arguing with his fellow prosecutor over a newspaper editorial.

Then, in August of 2011, Sequeira was hiding in his office to avoid being served a subpoena by a defense investigator before a confrontation ensued. According to the reports, Sequeira was pointing in the investigator's face (it's disputed whether Sequeira's point actually made contact) when the man punched Sequeira in the mouth and held him down until police arrived.

The exact terms of Sequeira's arrangement with Humboldt County remain unclear as, citing the gag order, Fleming declined to discuss the matter. However, Geniella said Sequeira will technically be on leave from the Mendocino County DA's office for the duration of the trial.

— Thadeus Greenson

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## THE WEEK IN WEED

# Out of the Shadows

By Grant Scott-Goforth

grant@northcoastjournal.com

There's not a multi-celled organism on earth that could evolve much in 25 years. But perhaps there's an argument that the cannabis plant, through its symbiosis with humans, has changed as much in the last two and a half decades as any species could. Well, except the ones that have gone extinct.

Aiding that shift is our endless fascination with and reverence for the plant, and few places harbor such a deep knowledge network about weed than Humboldt County. So what's changed?

Perusing the *Journal's* first issue, as staff has been doing for the last several weeks in preparation for this 25th anniversary issue, it became apparent there was something missing.

For all of the economic predictors and state of the county reporting and opinionizing, there was not one single mention of marijuana, a subject that has risen to the social, cultural and economic gravity to earn a weekly column in our pages.

It's not like pot wasn't around in 1990. Back-to-the-landers had been quietly establishing a foothold in Southern Humboldt for 20 years. Discreet horticultural practices had been circulating their way through the county for decades. CAMP's stalk-chopping raids were frequent front page news. So why no mention when it came to the future of the county?

Probably because not enough was known. When Steve Hackett took a faculty position in Humboldt State University's economics department in 1994, he said his colleagues already wanted to know what marijuana was contributing to the county's economy.

"Of course we had a cannabis economy 25 years ago," Hackett said. "People were interested, as I recall, and people knew it was significant. ... I think its role relative to other sectors has grown pretty consider-

ably in the last 20 to 25 years."

But quantifying that role has remained difficult. Until economist Jennifer Budwig released a study in 2011, no one had done much more than bar-napkin tabulations of the industry's impact. Budwig valued the sales of marijuana in Humboldt County at more than \$1 billion.

That's a long way from nary a mention, in just 20 years.

In the 1990s, marijuana was underground. Probably just as many people smoked it as do today, but, at least in the North County where I grew up, there wasn't the assumption that every third person you passed on the street was involved in the industry.

By middle school, most people in Arcata knew about Humboldt County's worst-kept secret. By high school, scoring pot was easier than buying alcohol. Everyone had a friend who'd throw a seedling into a swampy, shady far corner of his family property in hopes it would return something smokable.

Everyone had a friend whose parents invited folks down for a big, autumn party in the hills west of Redway. By college, if you stuck around, getting high took on a ferocity only matched by the Mad Max level of dystopian gadgetry dreamed up to get the job done.

These were people not cut out for the real work required to grow marijuana — they were hobbyists, experimenting with the most abundant and accessible mild drug they could get their hands on. Kids, in other words.

Everyone knew someone who had a couple plants in the closet, in the pursuit of cheap pot. But by the mid-2000s, 10 years after the passage of Proposition 215, Arcata had blown up. McKinleyville and Eureka, too. There was lots of money to be made. Marijuana horticulture was sophisticated, and the infrastructure was



in place to support cheap startups. The district attorney's office wasn't doing much. Marijuana went indoors on a large scale. Whole houses were converted into grows.

Then, a tipping point. Arcata made friendly with dispensaries, supporting the models that worked, and began to fight back against the grow houses, most notably with a steep tax for high electricity users.

Somewhere along the way, outdoor began to regain its cachet. Land was cheap. New techniques like light deprivation ensured faster growing seasons. Emboldened by weakening derision of pot, people began to say "Look, if this is gonna happen, let's do it right."

"Stewardship" and "farmer" became the buzzwords du jour.

Humboldt County residents, through fastidious breeding, evolved the cannabis plant. But weed has evolved humans, too. At least socially, slightly, in this little corner of the world.

Pot's a daily topic. Some things haven't changed much (see mountain top raids), but others have. Mendocino County's sheriff told a panel last week that hippies were the good guys. Law enforcement concerns have shifted, at least outwardly, from DARE-era prohibition to environmental protection. California finally has legal boundaries on its decades-old medical marijuana quagmire.

And pot, folks, is probably going to be legal in a year. That could be a really good thing for Humboldt County. Or a really bad thing. There are a lot of unknowns.

Twenty-five years ago, economists knew timber's reign was coming to an end. They called for diversification — new industries, more manufacturing, investments in the culture, recreation and natural beauty that would attract tourists. No longer would a few large companies support the people and governments of the region.

Sound familiar?

Hackett is the first to admit that little about the marijuana industry is quantifiable. But it's clear that Humboldt has traded one single-sector economy for another. And that's risky.

Humboldt County only became prime marijuana growing country because of its seclusion. That works against the county when legalization strikes. The commodity producers? They're going to move to better farmlands.

But it's not all doom and gloom.

"I think that there's going to be a lot of effort in differentiating our product up here," Hackett said. It's all about quality over quantity and like our burgeoning, albeit small, food industry, Humboldt's farmers may be able to make their buds stand out. "Those folks are going to continue to be successful."

Have things gotten better in 25 years? Is it a wash? We'll let you tally up the scores and check back in 2040.

California Cannabis Voice Humboldt has relinquished control of its land use and excise tax ordinances, offering them as templates for the county to use in a public process, the *Lost Coast Outpost's* Ryan Burns reported as the *Journal* went to press.

The the political action committee had previously said it would introduce the ordinances as voter initiatives, which would have forced the board to adopt them as written or put them to a county-wide vote. It's unclear precisely why CCVH abandoned that idea, but the group was running out of time to get them on the books before state medical and recreational marijuana laws are likely to change next year.

Environmental groups — which have been at odds with CCVH since its formation — thanked the group for turning the laws over to the public process.

But supervisors and staff shared concerns about whether the county would be able to draft and approve ordinances by March 1 of next year, which is when the state's new medical marijuana laws will go into effect if signed by Gov. Jerry Brown. The local ordinances would have to be on the books before then to have precedent over the new state law. Still, the board voted unanimously to get the ball rolling.

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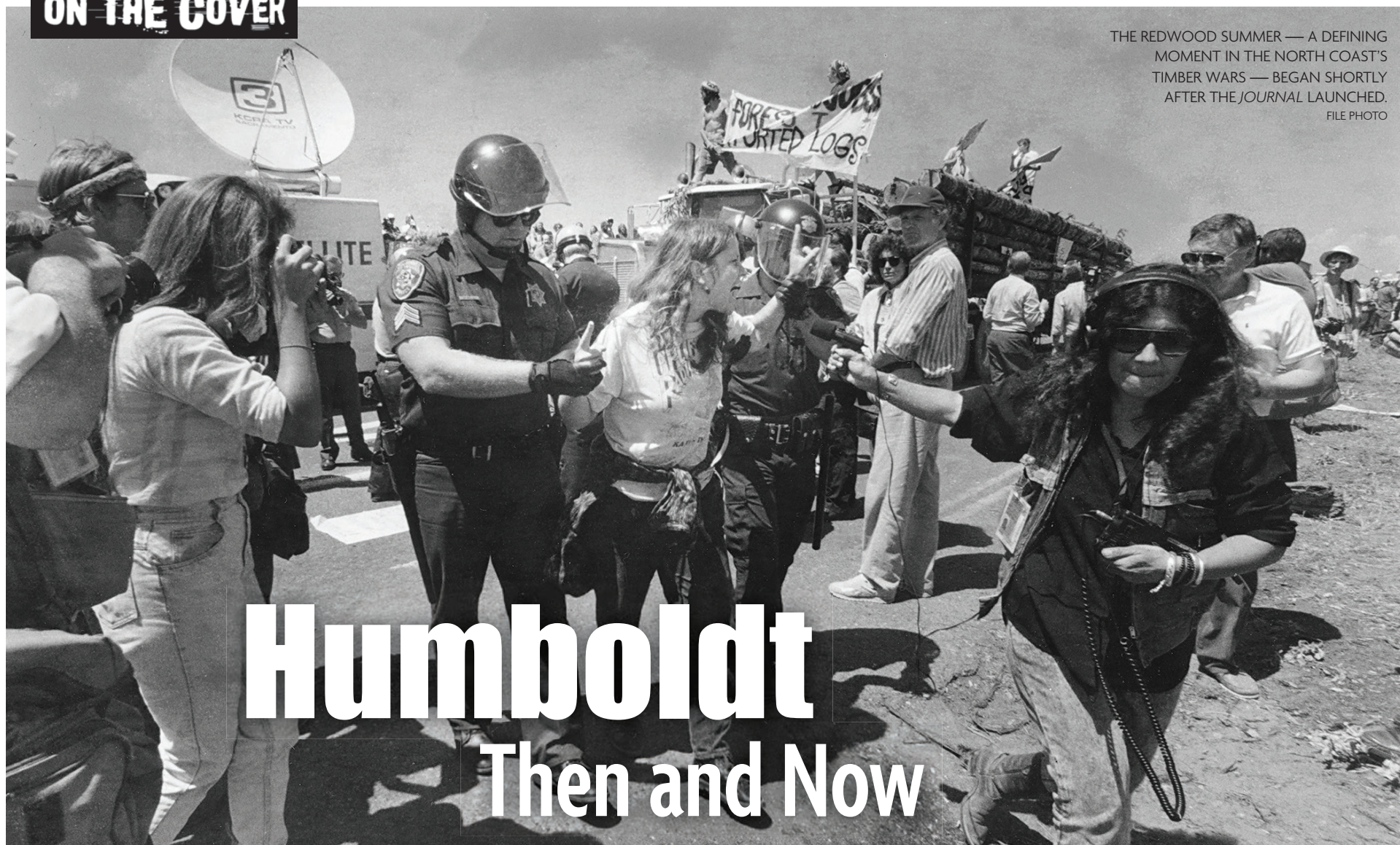


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THE REDWOOD SUMMER — A DEFINING MOMENT IN THE NORTH COAST'S TIMBER WARS — BEGAN SHORTLY AFTER THE JOURNAL LAUNCHED. FILE PHOTO



# Humboldt

## Then and Now

**T**he *Journal's* editorial department has spent a lot of time recently flipping through a quarter-century's worth of news coverage of the people, politics and art of Humboldt County. We saw a lot of familiar faces and some familiar issues. If there's a theme we took away from the experience, it's that life is cyclical, especially here in Humboldt. Back in 1990, as the *Journal* went to press with its first issue, there was a lot of angst about the local economy and a lot of hand wringing over what to do about the homeless people among us. Battle lines were also being drawn, as the Timber Wars would break out in earnest that summer, dominate headlines for the better part of two decades and forever reshape Humboldt, its economy and its politics.

We've also spent some time looking at U.S. Census data, which tells us that we're a more diverse, better educated group than we were 25 years ago. There are more of us, barely — 13 percent population growth in 25 years — but fewer private sector jobs. A 40-percent spike in the number of us working for the government has dampened the impact of private

sector job loss, and we make a bit more money today than we did in 1990. But we have less spending power, fewer of us own our homes and more of us are living in poverty today.

The data — and 25 years of stories — paint a complicated picture. And, as we go to press with this issue, Humboldt is once again in transition, facing the looming statewide legalization of recreational marijuana, a landmark moment that promises to decimate Humboldt's underground economy, either by dragging it from the shadows or erasing it altogether. In many ways, our footing today is similar to where we stood in 1990. Here's a glimpse at Humboldt, then and now.

### Homeless in the Land of Plenty

It's a problem we've discussed for decades. In September 1989, 9-year old Tami Hopkins was airlifted to a hospital in San Francisco with burns covering half her body. Hopkins, whose family was homeless, almost died when a stove burner that was kept lit to heat her family's trailer on the North Jetty ignited her

hair, which a woman had doused with kerosene to treat lice.

The *Journal* devoted a two-page spread with photos from Hopkins' surgery in its inaugural issue. Writer Joe Cempa describes a semi-happy ending to the tragedy: The Hopkins family found affordable housing in Arcata. In subsequent issues, we documented the pendulum swing of civic and social approaches to the issue. Change some of the names and numbers, and our coverage from a quarter-century ago could easily be subbed in today.

Record cold in December 1990 prompted the Humboldt County Board of Supervisors to create a task force and establish a temporary shelter. County supervisors, the Eureka Police Department, business owners and the faith community banded together to find resources and shelter to keep people from freezing to death on the street, as was the fate of at least one man who had set up a makeshift camp on the Eureka waterfront. EPD Capt. William Honsal II volunteered to help at the shelter on Christmas Eve. As temperatures rose above freezing, the shelter was disbanded. Discussion moved towards more long-term solutions.

Nezzie Wade, who serves on the board of directors for the Affordable Homeless Housing Alternatives, says that she remembers that freezing death as the "catalyst" for the establishment of the Multiple Assistance Center. It was still a long, hard slog.

"People who have worked in this area for a long time kind of feel like if you do that kind of work you get vilified like you're the source of the problem," she said.

In February 1991, Sandra Warshaw explored the "scope of the local homeless issue and the efforts by community leaders to find solution" in a cover story titled "Homeless in the Land of Plenty." Warshaw used meals served at the Eureka Rescue Mission to estimate how many homeless were "in the weeds, under bridges in cars and emergency shelters," arriving at around 1,000. This year's Point In Time Count estimated around 1,300 people. Then as now, the numbers are difficult to truly nail down.

In April 1993, writer George Ringwald documented a busy day in Eureka's temporary shelter, where volunteers fed and counseled the sick, the mentally ill, the children, the alcoholic and the disabled.



## The Year We Were Born

### NEWS OF THE DAY

South African freedom fighter Nelson Mandela is released after 27 years in prison

Time Inc. and Warner Communications merge to create Time Warner

Mikhail Gorbachev is elected president of the Soviet Union, and goes on to win the Nobel Peace Prize

Iraq invades Kuwait, setting off a chain of events that will result in the first Gulf War

The World Wide Web is created, along with the first ever web page and browser

The Hubble Space Telescope is launched aboard the space shuttle Discovery

East and West Germany end decades of political strife by reunifying as a single country

### WHAT WE WERE LISTENING TO

"Ice Ice Baby" (Vanilla Ice), "U Can't Touch This" (MC Hammer), "Vogue" (Madonna), "Blaze of Glory" (Jon Bon Jovi), "Groove is in the Heart" (Dee Light), "Been Caught Stealing" (Jane's Addiction), "911 is a Joke" (Public Enemy), "Love Shack" (B-52s), "Step by Step" (New Kids on the Block)

### BOX OFFICE HITS

*Home Alone*, *Ghost*, *Dances with Wolves*, *Pretty Woman*, *Teenage Mutant Ninja Turtles*; some notable television shows launched in 1990 were *Twin Peaks*, *Law and Order*, *America's Funniest Home Videos*, *Beverly Hills 90210*

Some shelter guests were pregnant, some tubercular, some violent. The Board of Supervisors and the Eureka City Council were both grappling with the prospect of establishing a permanent shelter amid public debate. Ringwald's article references people "walking around like zombies" and taxpayers who didn't want a shelter "in their backyard." It would be over a decade before the MAC — which is a transitional housing program, not a shelter — was established. There are currently three people for every shelter bed in Humboldt County.

In the absence of affordable housing, a makeshift community formed on Eureka's South Jetty in the late 1980s. Between 200 and 300 people were living there in the summer of 1997, when *Journal* writer Jim Hight reported on the county's efforts to relocate the campers. A 1994 settlement between South Jetty residents, the county and the main property owner, Pacific Lumber Co. was meant to help jetty-dwellers access social services and find new homes elsewhere, but progress was slow. Several cases of bacterial infection prompted then-County Health Officer Ann Lindsay to deliver an evic-

tion notice in July 1997, citing health and environmental concerns.

Lindsay gated off the jetty to prevent further arrivals, issuing I.D. cards to those already occupying the space. As with today's ongoing debate about the PALCO Marsh encampment, the question remained as to where the campers would go. Six months after the eviction notice, the jetty had been cleared, and 66 of the original inhabitants had received housing. The rest dispersed. Some may be on the streets or in the marsh today, part of a conversation that seems fated to continue.

— Linda Stansberry

## Timber Wars

By the time the *Journal* published its first issue in January of 1990, the death rattle of Humboldt County's timber glory days had already begun. The days when every town had a mill and every high school drop-out had a well-paying job waiting were already long gone, but timber still reigned as Humboldt's cash cow in 1990. But in a hostile take-over five years

continued on page 17 ►

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earlier, Charles Hurwitz and his corporation, Maxxam, had taken over the more-than-century-old Pacific Lumber Co., pushed aside sustainable growth harvest models and begun clearcutting large swaths of trees, felling ancient old growth forests and silting streams.

But while Hurwitz may have taken a scorched earth approach to PALCO's timber holdings, he continued the company's practice of taking care of its own. Not one employee was let go in the wake of the takeover, and Hurwitz honored the company's practice of sending employees' children to college.

Against that backdrop, the Redwood Summer protests began in May of 1990, kicking off the timber wars. It's hard to overstate either the rancor of the times or their impact. The protests drew scores of environmental activists from throughout the country who cherished the threatened old growth redwood forests and all they represented. They were loud, colorful and confrontational, and many went on to become prominent members of Humboldt County's environmental community. Meanwhile, many long-time Humboldt County families with logging and milling in their roots felt their way of life was under attack by this new group.

As the story played out monthly and then weekly in the pages of the *Journal*, we reported on tree sits, sit-ins and protests, as well as the counter protest "Right to Work" rallies. Humboldt was a county divided, and a battleground in the war between corporate interests and public trust. Few areas of life were left untouched, and the legacy of these battles remains with us today. Thousands of acres of timberland have been preserved, and thousands of mill jobs have been lost. The region's old growth forests are a tiny fraction of what they once were. The Pacific Lumber Co., known by then simply as PALCO, went bankrupt in 2007, leading to its ultimate takeover by the more environmentally minded Mendocino Redwood Company. The Headwaters Forest, once ground zero for the timber wars, is now a 7,500 acre preserve.

But the timber wars' impacts trickle out in many harder-to-quantify directions as well. One notable example: the recent 12-year tenure of former Humboldt County District Attorney Paul Gallegos. Back in 1997, then-District Attorney Terry Farmer had been involved with then-Sheriff Dennis Lewis' decision to swab pepper spray into the eyes of timber protesters (a decision a federal jury later found to constitute excessive force). After suffering

Humboldt, Then and Now

Category	1990	2015
Population	119,118	134,809
Population under 5	4.4 percent	5.3 percent
Population under 18	22.9 percent	19.5 percent
Population over 65	12.2 percent	14.8 percent
Households	46,617	53,296
Persons per household	2.48	2.44
Homeownership rate	58.8 percent	55.9 percent
Median household income	\$23,586	\$41,426
Median household income adjusted for inflation	\$43,064	\$41,426
Per-capita income	\$12,436	\$23,540
Per-capita income adjusted for inflation	\$22,706	\$23,540
People living in poverty	17.6 percent	20.4 percent
High school graduates	80.5 percent	90.4 percent
College graduate or higher	20 percent	27.5 percent

Racial Breakdown

Race	1990	2015
White	90.6 percent	84.4 percent
Black	0.7 percent	1.3 percent
American Indian or Alaska Native	5.5 percent	6.2 percent
Asian	2 percent	2.5 percent
Hispanic Latino	4 percent	10.5 percent

\*some identify as more than one race, so percentages will not add up to 100

a stunning upset to Gallegos — a hardly known private attorney — at the polls in 2002, Farmer conceded his ties to the pepper spray case may have helped cost him the election.

Within months of taking office in 2003, Gallegos filed a fraud lawsuit against PALCO on behalf of the county (the suit was later summarily rejected by a judge). Within weeks of the filing, critics launched a recall campaign to remove Gallegos from office — a campaign that received a \$40,000 donation from PALCO. Gallegos handily defeated the recall, and twice more sailed to reelection, with

continued on next page ►

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## ON THE COVER

continued from previous page

many crediting the failed recall as having galvanized his support in Humboldt along timber war lines.

For better or worse, the timber wars forever reshaped Humboldt County, including in many ways far removed from old growth groves, trickling streams or the humming of an operating mill.

— Thadeus Greenson

## Forecasting the Economy

The more things change, the more they stay the same.

The *Journal's* inaugural edition featured predictions and recommendations for Humboldt County's economy, some prescient, many perennial. In some ways, the economic climate hasn't changed much at all.

Banker Edy Vaissade's prediction that the harbor would see "tremendous change" didn't exactly come to fruition, but her concerns about losing the timber industry's employment and tax base rang true. And her calls to revitalize Eureka's Old Town have been echoing ever since.

Business consultant Joan Rainwater-Gish said high interest and unemployment rates stemming from the early 1980s recession were beginning to stabilize. Local entrepreneurs, seeing a potential decline in the fishing and timber industries (those losses would prove to be significant by the mid-1990s) began to diversify. "Manufacturers led this process of diversification," she said, citing enduring success legends like Kokatat, Yakima and Holly Yashi.

But while niche manufacturers endure today, the level of jobs in that field have never returned to the timber glory days. In 1990, Humboldt County boasted 6,930 manufacturing jobs, the majority of which were in timber, for an annual payroll of \$118 million (\$341 million adjusted for inflation).

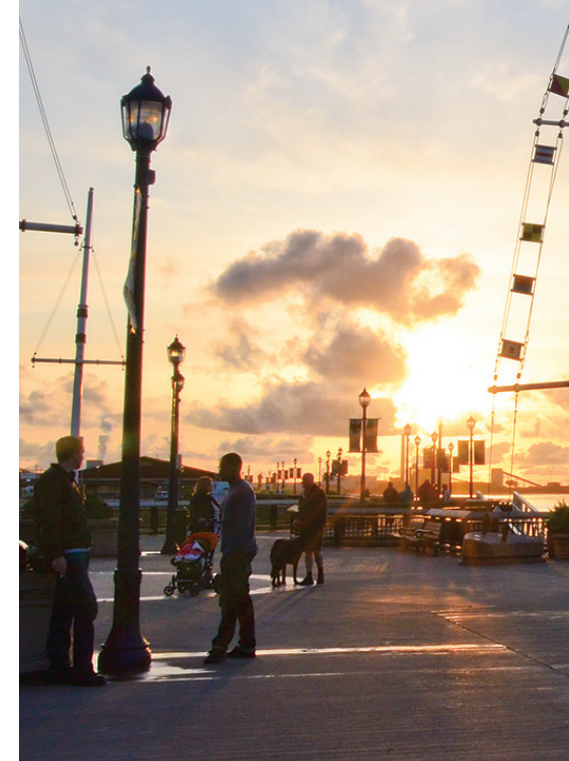
In 2013, the latest year that census numbers are available, Humboldt County had 2,108 manufacturing jobs for an annual payroll of \$74 million. Only 675 of those jobs were in wood product manufacturing.

Those timber jobs have been largely replaced by retail and service positions, causing a downward trend on median incomes. (Humboldt County also lost about 1,500 jobs between 1990 and 2013. The *Journal* reported in 1990 that "computerization" could lead to fewer service jobs.)

Those trends weren't only a result of the Redwood Summer and timber wars, says Humboldt State University economics professor Steve Hackett. A need to di-

CALLS FOR REVITALIZATION OF EUREKA'S OLD TOWN HAVE BEEN CONSISTENT SINCE THE *JOURNAL* BEGAN, SHORTLY AFTER THE OLD TOWN GAZEBO WAS BUILT.

PHOTO BY DREW HYLAND



## Registered Voters

Category	1990	2015
Total	70,310	75,590
Democrat	54 percent	40.9 percent
Republican	31.3 percent	24.8 percent
No Party Preference	9 percent	25.4 percent
Green Party	3.3 percent	3.7 percent
American Independent Party	1.5 percent	3.3 percent
Peace and Freedom	0.6 percent	0.5 percent
Libertarian	0.4 percent	1 percent
Other	0 percent	0.4 percent

versify came in the context of productivity improvements in the industry as well.

Where Humboldt has excelled, Hackett says, is in food and beverage manufacturing. While those businesses don't employ people at the same scale or wages as the old timber companies, they can benefit from clever marketing of Humboldt's clean, authentic, local cachet.

In addition to the waning timber, the





### Employment

Category	1990	2013*
Total private sector employees	33,912	32,396
Annual private sector payroll	\$617 million	\$1.04 billion
Annual private sector payroll adjusted for inflation	\$1.13 billion	\$1.04 billion
Total private sector employers	3,495	3,169
Percent of labor force employed by local, state or federal government	19	26

### Private Sector Employees by Sector

Category	1990	2013*
Agriculture, Fishing, Forestry	609	429
Construction	1,802	1,491
Manufacturing	6,930	2,108
Retail trade	9,054	6,553
Finance, Insurance, Real Estate	1,656	1,522
Health services	3,651	6,845
Food service	2,940	4,108

\*the last year for which data is available

newly opened Bayshore Mall loomed over economic concerns in 1990. Rainwater-Gish said there was sure to be “dislocation” in the retail sector in Eureka, and that shops would need to specialize to compete with department stores. Rainwater-Gish also said that a growing retail sector could bring with it pressure to increase local wages. Minimum wage at the time was \$4.25, or about \$7.75 in 2015 dollars. It has since been raised to \$9 statewide, and a minimum wage increase for Eureka was voted down by a 2-1 margin in 2014.

Hackett says revitalization of Eureka’s Old Town and waterfront couldn’t have come at a better time — the early ’90s saw a resurgence of investment in the area, which kept it from folding under the weight of the mall. “Things could have gone a lot worse,” he says.

Now, local companies deal with the double-edge blade of the Internet. Retail shops suffer — not just Old Town boutiques, but mall department stores — as consumers go online. But the Internet has opened a marketing door for local manufacturers as well. Many retailers, he says, maintain an online and brick-and-mortar presence.

One sector was notably absent from the *Journal’s* 1990 economic coverage: mari-

juana. While cultivation played a role in the economy decades ago, there’s no question that the industry has grown significantly since then. It’s difficult to measure, but at least one estimate has marijuana sales from Humboldt County totaling at least \$1 billion, more than a third of our local economy. See more about that in “The Week in Weed,” page 12.

The *Journal’s* 1990 issue featured then-supervisor Wes Chesbro and the county’s new buzzwords in economic theory: “quality of life.” That thinking — that businesses and employees will be attracted to Humboldt by an investment in the

area’s recreation, environment and natural beauty — sticks around today, and while it’s likely gained traction, it’s still debated.

Hackett says quality of a life could continue to draw more service and retail jobs, but that it’s also a draw for higher-paying positions, like to the university. And, he says, Humboldt County has a healthy tourist economy, which could grow as climate change worsens and other areas become more uncomfortable. “Maybe our free air conditioning will have more value in that world,” he says.

— Grant Scott Goforth ●

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# Growing Gorgeous Garlic

By Heather Jo Flores

downanddirty@northcoastjournal.com

CALLUNA VULGARIS 'VELVET FASCINATION' LOOKS LIKE A FLUFFY BOWL OF MERINGUE WHEN IN BLOOM, WITH AIRY WHITE FLOWERS COVERING GREYISH-SILVER STEMS. CLUSTER IT NEAR PLANTS THAT HAVE BURGUNDY FOLIAGE LIKE 'GRACE' SMOKE BUSH (COTINUS X 'GRACE') OR 'PURPLE DIAMOND' FRINGE FLOWER (LOROPETALUM CHINENSE 'PURPLE DIAMOND'). THEY'RE ALSO FUN USED IN THE FOREGROUND NEAR 'SILVER SPEAR' ASTELIA (ASTELIA CHATHAMICA 'SILVER SPEAR'), A SPIKY EVERGREEN GRASS WITH WIDE LEAF BLADES AND A SILVERY SHEEN. HEATHER JO FLORES



From Ancient Egypt to Humboldt County, garlic is one of those plants that you can find in almost every garden. It is one of the oldest cultivated crops, and all around the world people still rank garlic among their favorite foods. And it's not just food—it's medicine, too. Garlic is used as an antibiotic, antiviral, heavy metal detox, and to fight colds, high blood pressure, Alzheimers, diabetes and cancer. It even wards off vampires and evil spirits, or so they say.

We are fortunate in Northern California to have the perfect climate for garlic. Our seasonal rains followed by dry summers make for an easy crop and you shouldn't have much trouble, but here are a few tips to seal the deal.

## Start with Quality Seed

You can plant that nice organic garlic you got at the Co-op or the farmers market. It was delicious, right? And it will probably grow just fine. But keep in mind that plants that were grown specifically for the purpose of being seed stock have been monitored for traits such as disease resistance, drought tolerance and uniformity, among many other things. And, by purchasing seed stock from a reputable grower, you are connecting to a lineage that is building long-term food security. If you want to start out with some locally bred seed stock, I recommend a handful of sources below. As for varieties, you will never run out of options. Most types of garlic will do great just about anywhere in Humboldt, but this year I'm going to try the following.

### Softneck varieties, with a milder flavor, good for braiding and long-term storage:

Nootka Rose, for proven reliability in temperate climates, available from Garlicana in Southern Oregon. Check out their free PDF Catalog for an education on the history and genetics of garlic. [www.garlicana.com](http://www.garlicana.com)

Transylvanian (because who could resist?) from Great Northern Garlic in central Washington State. [www.greatnorthern-garlic.com](http://www.greatnorthern-garlic.com).

Chinese Pink, because it matures extra early. From Territorial Seed Company in the Willamette Valley, Oregon. [www.territorialseed.com](http://www.territorialseed.com).

### Stiffneck varieties, with a stronger flavor and edible scapes, great for roasting and pickling:

Turkish Giant, famous for giant, easy to peel cloves, also from Territorial (above).

Music, bred for large size, strong flavor and disease resistance. Available through High Mowing Seeds. Their online catalog features a cool comparison feature that lists several types of garlic. [www.high-mowingseeds.com](http://www.high-mowingseeds.com).

Chesnok, a red Siberian variety known for hardiness and flavor, also from High Mowing.

## Where to Plant

Garlic likes full sun, but it will still do OK in a spot that gets some shade. Garlic and roses are classic garden companions, and it stands to reason that garlic will also do well among other members of the rose family. Try planting patches of garlic around your plums, peaches, apples, raspberries, blackberries and cherries. Or just clear a sunny area in your garden that you don't mind devoting to garlic until next June (or so).

## How to Plant

Here's a cool tip: Use a Cholula bottle to lay out the holes in your freshly weeded and raked garden bed. Make each hole 6 inches apart, in a pattern that makes the best use of the space in your bed.

Now, break up the heads of your seed garlic and pull the outer papers off of each clove. Plant each clove individually, with the flat side down, pointy side up. Fill the holes with rich, organic compost.

## Mulching

Garlic is drought-resistant, to a point. A thick mulch can make a huge difference in whether your plants die of thirst or not. When you've just planted the cloves and filled the holes with compost, spread a thin layer of manure over the beds. Top that with 2 inches of straw mulch and saturate the whole area with water. Add another inch of straw and forget about it for the winter. If we have a very dry Autumn, water the patch a couple of times. But it will probably be just fine on its own as long as we get some rain by January.

## Weeding

In the early spring, the stringy green tops will be pushing out of the straw mulch, as will a bunch of random weeds. Go through and pull out the weeds, pulling off the straw mulch as you go. Now use a small rake to scratch in some organic fertilizer.

Remember that whatever works for roses works for garlic, such as oyster shell and fish meal. Or ask fellow gardeners what they recommend. After fertilizing, pull the mulch back over the weeded garlic patch. Top with one more layer of fresh straw to fill in the gaps. Water well. Now you don't need to do much else until it's time to harvest.

## Scapes

If you planted stiffneck varieties, you're in for a treat. The flower stalks, affectionately known as "scapes," are delicious when pan-fried or flame-grilled. The stalks will shoot straight up, crowned by a point head-bud, which will plump out and then curl around the stalk in a spiral pattern. Once the circle is complete, the scapes are ready to be eaten.

If you want to try and save the seedlets from the later-mature flower stalk, don't cut the scape. Wait until the hard little seedlets are completely dry, and then harvest and replant them. Either way, once scapes have curled, it's time to cut off any

irrigation and let the garlic dry down a bit before harvesting.

## Harvest

With softneck garlic, it is best to remove the straw mulch a couple of weeks before harvest, to help avoid mold. Plants that have mold on them will not store well, and they will infect the storage area with mold spores. If you spot moldy patches early, you can remove them with a clean knife. Keep the patch weeded and don't overwater. When the heads seem to be starting to beef up (and the tops seem to be dying back a little) then rake all of the mulch off the area and cut the water.

It's time to harvest when all of the tops are at least 60 percent brown. The night before, give the whole patch a good watering to soften up the ground for digging. Harvest gently, with a D-handled digging fork, working slowly and attentively to avoid slicing into the heads. Don't yank on the tops and don't cut them off. Garlic is delicate when first harvested! And don't dig up the whole patch at once. Dig up a few heads and see if they are mature. Have the bulbs rounded out, or are they still elongated?

## Curing and Storage

After harvesting, leave the tops on and either braid them together or gather them into bunches for curing. Hang in a cool, dark, dry space for at least a month. This will cause the bulbs to harden and tighten. Now you can hang up the braids in the kitchen, and/or cut off the tops and store the heads, sell them, eat them, pickle them or give them to the neighborhood kids for Halloween!

For an adorable and easy to follow video about braiding garlic, and more on the health benefits of the plant, visit [www.northcoastjournal.com](http://www.northcoastjournal.com). ●

Heather Jo Flores is a writer, farmer and interdisciplinary artist from Oregon. Visit [www.heatherjoflores.com](http://www.heatherjoflores.com) and [www.foodnotlawns.com](http://www.foodnotlawns.com).



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# A Cook's Journal Revisited

## Grilled Iria Beach Chicken

By Betty Thompson

tabletalk@northcoastjournal.com

As we approached a small village at dusk, the view through a thick haze of barbecue smoke was a sea of tables and chairs under large plane trees. Men were playing backgammon and sipping ouzo. It was here on a back road in Greece — Iria Beach — that we had the best barbecued chicken ever. It was served simply with a huge vine-ripened tomato salad, French fries and crusty bread — a meal to remember.

To prepare the chicken, choose young split fryer halves. Larger pieces of chicken are easier to handle on the grill and remain succulent and juicy. The butcher can cut up the bird for you or you can do it yourself. Poultry shears are a useful tool for doing this. Simply cut up one side of the backbone, pry the chicken open and cut down the other side of the backbone and remove it. From the inside of the chicken, cut upward along the breastbone. Removing the small pocket of rib bones is optional — just slip a knife or scissors under the membrane encasing the ribs, snip around the thin rib bones and remove them.

An oven grill or outside barbecue will work equally well. The men at the beach threw handfuls of dried oregano stems on the fire to enhance the flavor and they used a squirt bottle of vinegar to quell unruly flames from the fat dripping. Just don't be tempted to sabotage this recipe with garlic powder and bottled lemon juice.

This chicken begs for an heirloom tomato salad. Think beyond red. A trip



CLASSIC GREEK REVIVAL: GRILLED CHICKEN AND TOMATO SALAD.  
PHOTO BY HEIDI VANBUSKIRK

to the farmers market will provide an array of vine ripened beauties. Try the black Russian, green zebra, black Krim, Cherokee purple or black pineapple. Cut up a few pieces of chewy bread, such as ciabatta, into one-inch cubes and place them on a deep platter. Cut a selection of colorful tomatoes into large bite-sized pieces. Place them on top of the bread cubes, which will soak up all of those delicious juices. Place a few slices of cucumber on top and dress with good olive oil (a good time to try Henry's olive oil and olives) and fresh lemon juice or Balsamic vinegar, salt and freshly ground black pepper. Top it with olives and a few slices of feta cheese. In Greece, feta is made from ewe's milk and sometimes goat's milk. It's possible to buy imported ewe's milk feta locally but our local Cypress Grove chevre works well.

While the chicken is grilling, roast a few potatoes, compose the salad and then enjoy Iria Beach chicken.

### Iria Beach Chicken

#### Ingredients and method:

1 broiler chicken, split lengthwise (see above)  
6 to 8 cloves garlic, pressed into a puree  
2 large fresh lemons, juiced  
2 teaspoons dried leaf oregano, rubbed  
3 tablespoons olive oil  
Kosher salt and freshly ground black pepper to taste  
Additional fresh lemon juice, salt, pepper and oregano for dressing the chicken after grilling.

Wash and dry the chicken. Remove any excess fat or skin. Break the wing, hip and knee joints by bending them backwards,

as this allows the chicken to remain flat during the grilling, exposing more skin for browning. Then use the palm of your hand to flatten and even out the thickness of the meat. Rub the chicken with garlic, salt, pepper, oregano, olive oil and lemon juice. Try to get some of this seasoning under the skin if possible. Place in a plastic or ceramic container (not aluminum) and let it marinate in the refrigerator 12 to 24 hours.

If you're broiling inside, cover a cookie sheet with foil and place it on a rack; if grilling outside, place the chicken directly on a hot, oiled rack. Grill the meat rib side toward the flame or coals for 20 to 25 minutes. It will be smoky-dark and the bones may look a little bit charred, but you're not eating them anyway. Turn the skin side to the flame and continue cooking another 20 minutes until the skin is a very deep golden brown. Baste frequently with the marinade. The chicken is cooked when your meat thermometer reads 170 F or when you pierce a thigh and the juices run clear yellow. If the skin is dark but the chicken is still undercooked, finish it over indirect heat with the lid closed on the grill or in the oven inside. This will avoid burning the skin.

Remove the chicken from the heat and let it rest for 10 minutes before cutting or serving so the meat can reabsorb the juices. Cut the breast into 4 to 6 pieces and the thigh and leg into 4 pieces. Pile the meat on a platter and dress it with additional lemon juice, salt and pepper just before serving. ●

Betty Thompson wrote a regular food column for the Journal starting in 1990. She teaches occasional cooking classes through the North Coast Co-op.

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EUREKA + SOUTH ON NEXT PAGE ►

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<b>ARCATA COMMUNITY CENTER</b> 321 Community Park Way 822-7091		<i>Being Mortal</i> (film) 6pm Free	IAMSU and Hiway (hip-hop) 7pm \$30		
<b>ARCATA PLAYHOUSE</b> 1251 Ninth St., 822-1575		Wild Lungs Release Party w/Shaggy Sample and Nipplepotamus 9:30pm \$5	Wake the Dead (Grateful Dead bluegrass) 8pm \$15, \$13	Front Country (newgrass) 8pm \$15, \$13	[M] Musette Explosion (jazz) 8pm \$15, \$13
<b>ARCATA THEATRE LOUNGE</b> 1036 G St., 822-1220	<i>Fresh</i> (film) 7pm \$5	<i>The Big Lebowski</i> (film) 8pm \$5		<i>Monsters, Inc.</i> (film) 6pm \$5, All Ages	[M] Monday Night Football (Jets at Colts) 5:20pm Free w/\$5 food/bev, All Ages [W] Sci-Fi Night ft. <i>The Giant of Metropolis</i> 7:30pm Free w/\$5 food/bev, All Ages
<b>BLONDIES</b> 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Night 7pm Free	[M] Quiz Night 7pm Free [T] Human Expression Night 7pm Free [W] Local Music Showcase 7pm Free
<b>BLUE LAKE CASINO</b> <b>WAVE LOUNGE</b> 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Miracle Show (Grateful Dead tribute) 9pm Free	NightHawk (dance hits) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
<b>CENTRAL STATION</b> 839-2015 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
<b>CHER-AE HEIGHTS CASINO</b> <b>FIREWATER LOUNGE</b> 677-3611 27 Scenic Drive, Trinidad		Dr. Squid (dance, rock) 9pm Free	Dr. Squid (dance, rock) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
<b>FIELDBROOK FAMILY MARKET</b> 4636 Fieldbrook Road, Fieldbrook 839-0521		Old Dog (folk) 7:30pm Free	Mad River Rounders (blues, folk) 4pm Free, Phylip Michael (live music) 6pm Free		
<b>HUMBOLDT BREWS</b> 826-2739 856 10th St., Arcata	Pints for Planned Parenthood 6pm	Sean Hayes Trio (roots, folk) 9:30pm \$17-\$20	Soul Night 9pm \$5		
<b>HUMBOLDT MACHINE WORKS</b> 937 10th St., Arcata, 826-WINE	Roots & Culture Reggae 9pm Free				[W] Salsa! (lessons + dance) 9pm \$5
<b>HUMBOLDT STATE UNIVERSITY</b> 1 Harpst St., Arcata 826-3928		Van Duzer: The Growlers (surf, post-punk) 10pm \$18, \$15			
<b>THE JAM</b> 822-4766 915 H St., Arcata	'80s Night with DJ Red 9:30pm Free	Naive Melodies (Talking Heads covers) 10pm TBA	Little Kidd Lost (hip-hop) 10pm TBA	DGS Sundaze (EDM DJs) 9pm \$5	[M] The getDown (funk) 9pm [T] Savage Henry Comedy 9pm \$5 [W] The Whomp (DJs) 9pm \$5



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<b>LIBATION</b> 825-7596 761 Eighth St., Arcata	Claire Bent (jazz) 7pm Free	Brian Post and Susie Laraine (jazz) 7pm Free	Jim Silva (guitar) 7pm Free		[T] Buddy Reed (blues) 7pm Free
<b>LIGHTHOUSE GRILL</b> 677-0077 355 Main St., Trinidad				Tony Roach (jazz) 5pm Free	
<b>LOGGER BAR</b> 668-5000 510 Railroad Ave., Blue Lake	General Mojo (psych) 9pm Free	Kindred Spirits (bluegrass) 9pm Free	Talk Like a Pirate Day (pirate music & specials) 9pm Free	Potluck (food) 6pm Free	
<b>MAD RIVER BREWERY</b> 668-5680 101 Taylor Way, Blue Lake	The Compost Mountain Boys (bluegrass) 6pm Free	The Undercovers (covers) 6pm Free	Free Rain (instrumental) 6pm Free		[T] The Yokels (rockabilly soul) 6pm [W] The Overstimulators (bluesy fun) 6pm
<b>NORTHTOWN COFFEE</b> 633- 6187 1603 G St., Arcata		Open Mic 7pm Free			
<b>OCEAN GROVE</b> 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelion 8pm \$5
<b>REDWOOD CURTAIN BREW</b> 550 South G St. #6, Arcata 826-7222	U.S.G.G.O. (funky jazz) 8pm Free		The P-Town Freaks (funk, swing) 8pm Free		[T] La Musique Diabolique (Gypsy jazz) 7pm Free
<b>RICHARDS' GOAT TAVERN/ MINIPLEX</b> 630-5000 401 I St., Arcata	<i>She's Beautiful When She's Angry</i> (film) 7:30pm \$8	<i>Gueros</i> (film) 7:30pm \$8	<i>Gueros</i> (film) 6:30pm \$8 Trance Farmers (NOLA) 9:30pm \$5, <i>When Marnie Was There</i> (film) 4pm \$6.50	<i>Gueros</i> (film) 7:30pm \$8, <i>When Marnie Was There</i> (film) 4pm \$6.50 Karaoke Nights 10pm Free	[M] <i>Manglehorn</i> (film) 7pm \$8 [T] Bomba Sonido 8pm Free [W] Dr. Foxmeat 9pm TBA
<b>SIDELINES</b> 822-0919 732 Ninth St., Arcata	Rudelion Sound (DJ) 10pm TBA	DJ Music 10pm TBA	Sidelines Saturdays w/Rudelion 10pm TBA		
<b>SIX RIVERS BREWERY</b> 839-7580 Central Ave., McKinleyville	Open Jam with Thursday Night Bluegrass 8pm Free	June Brothers (indie) 9pm Free		Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free
<b>SUSHI SPOT</b> 839-1222 1552 City Center Road, Mck.					[M] Anemones of the State (jazz) 5pm Free
<b>TOBY &amp; JACKS</b> 822-4198 764 Ninth St., Arcata		Hip-hop DJs 9pm Free	DJ Music 10pm Free		[T] Bomba Sonido (Latin, Caribbean, Tropical, Bass) 10pm Free [W] Reggae Wednesdayz w/Rudelion 10pm Free
<b>WESTHAVEN CENTER FOR THE ARTS</b> 677-9493 501 S. Westhaven Drive, Westhaven		Third Friday Jazz (jazz) 7pm \$5-\$10	Welcome Potluck 6pm Free		

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<b>BEAR RIVER CASINO</b> 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Jenni and David & The Sweet Soul Band (blues) 9pm Free	Mojo Rockers (blues, rock) 9pm Free		
<b>BENBOW INN</b> 923-2124 445 Lake Benbow Drive, Benbow	Paco Martin and Friends (Latin music) 6:30pm Free	Paco Martin and Friends (Latin music) 6:30pm Free			[W] Paco Martin and Friends (Latin music) 6:30pm Free
<b>CALICO'S CAFE</b> 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (energetic international) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
<b>CHAPALA CAFÉ</b> 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
<b>CURLEY'S FULL CIRCLE</b> 786-9696 460 Main St., Ferndale					[W] Open Mic 7pm Free
<b>EMPIRE LOUNGE</b> 415 Fifth St. 497-6093					[W] Karaoke at the Cantina 6pm \$2 All Ages
<b>EUREKA INN PALM LOUNGE</b> 518 Seventh St. 497-6093		Grupo Nueva Ilusion (Latin dance) 9pm Free	The Jim Lahman Band (blues, rock) 9pm Free		[M] Brian Post & Friends (jazz) 9pm Free [T] Anna Banana! (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
<b>EUREKA MUNICIPAL AUDITORIUM</b> 1120 F St. 441-9181	Primus and the Chocolate Factory 8pm \$37				
<b>FERNBRIDGE MARKET RIDGETOP CAFE</b> 796-3900 523 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
<b>GALLAGHER'S IRISH PUB</b> 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Pappa Paul (folk) 6pm Free	Dale Winget (vocals, acoustic guitar) 6pm Free		
<b>LIL' RED LION</b> 444-1344 1506 Fifth St., Eureka			Karaoke w/DJ Will 9pm Free	Karaoke w/DJ Will 8pm Free	Pool Tournament 7pm \$5
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venue	thur 9/17	fri 9/18	sat 9/19	sun 9/20	m-t-w 9/21-23
<b>OLD TOWN COFFEE &amp; CHOC.</b> 211 F St., Eureka 445-8600					[W] Open Mic w/Mike Anderson 7pm Free
<b>PEARL LOUNGE</b> 444-2017 507 Second St., Eureka	Dirty Thursdays Gabe Pressure (free) 9pm Free	JSun (DJ music) 10pm Free	Fuego (DJ music) 10pm Free		
<b>PERSIMMONS GALLERY</b> 923-2748 1055 Redway Drive, Redway	Tobe Halton & Friends (oldies covers) 7:30pm Free	Opera Alley Cats (jazz) 7:30pm Free			[W] Open Mic 7:30pm Free
<b>SHAMUS T BONES</b> 407-3550 191 Truesdale St., Eureka		Friday Night Vibes (DJ music) 10pm Free			
<b>SHOOTERS OFF BROADWAY</b> 442-4131 1407 Albee St., Eureka		Small Town Throwdown (country & rock night) 9pm Free		Karaoke IDOL 9pm Free	
<b>THE SIREN'S SONG TAVERN</b> 325 Second St., Eureka 442-8778		Fetish Night Back 2 School 9pm \$3			
<b>THE SPEAKEASY</b> 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
<b>TIMEOUT SPORTS PUB</b> 1095 S. Fortuna Blvd., Fortuna 725-9100		Doug Fir & the 2x4s (classic rock) 7pm Free			

**WHO:** Wake the Dead  
**WHEN:** Saturday, Sept. 19 at 8 p.m.  
**WHERE:** Arcata Playhouse  
**TICKETS:** \$15

PHOTO  
COURTESY OF  
THE ARTIST



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WED., SEPT. 30  
6-8:30 p.m. Welcome Dinner with live music,  
Community Clubhouse.

THURS., OCT. 1  
11:30 a.m. Free painting demonstration by  
Monika Piper-Johnson, Lighthouse  
7-8:30 p.m. Free painting demonstration & stories of  
Mongolia by Susan Fox, Community Club House.

FRI., OCT. 2  
10 a.m.-4 p.m. Community Mural painting,  
Children are eligible to win art kits & supplies for participating.

SAT., OCT. 3  
HELICOPTER RIDES!  
10 a.m.-4 p.m. Mural continues  
1 p.m. BBQ & music, Mal Coombs Park. (Nominal fee).  
7-10 p.m. Meet the Artists reception, awards and  
art sale. (Beer & wine available.)

Events at Benbow

WED., SEPT. 30  
2-4 p.m. Benbow Inn Quick Draw #1. Art displayed  
and available for sale.

SUN., OCT. 4  
10 a.m.-2 p.m. Benbow Inn Quick Draw #2

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**WHO:** Front Country

**WHEN:** Sunday, Sept. 20 at 8 p.m..

**WHERE:** Arcata Playhouse

**TICKETS:** \$15

PHOTO  
COURTESY OF  
THE ARTIST

# Knowing Where You've Been

Or: What's old is new again

**By Andy Powell**

thesetlist@northcoastjournal.com

There's the old saying that goes, "You can't know where you're going if you don't know where you've been." I think Jesus said that. There's also a slightly less older saying that goes, "Well, we know where we're goin', but we don't know where we've been." That was David Byrne of the Talking Heads. I'm not mentally equipped to tell you which proverb is correct, but there's something important to be reflected upon in each. If you are truly clueless about the past, get ready for some blunders upon your path. (U.S. foreign policy shout out!) However, if you spend too much time wondering about the past you may remove yourself too much from the present and miss out on now. Is there some sort of middle path? A way to honor and acknowledge the past, yet be committed and bound to the future? Let's hope so.

The *North Coast Journal* is celebrating 25 years in existence, and as someone who has been writing for them 25 years less than that, I find that previous fact rather interesting. No one would have guessed that 25 years later this alt-weekly would be publishing not only a print edition, but a digital online companion as well. The music industry was more or less the same 25 years ago as well. When Byrne released his first solo album after leaving the Heads a little more than 25 years ago, even he probably couldn't imagine the future of the music industry shifting away from one that was almost exclusively based on physical units.

As musicians nowadays are cruelly aware, putting out a (good) album won't cut it as it did in the past. With CD sales in freefall, musicians need to not only get their albums up online, but also need to spend inordinate amounts of time on

Facebook, Twitter, ReverbNation, Flickr, Grindr, Instagram and other horribly named social media platforms just to make enough to buy new guitar strings. Want to write a new song? Well your time is probably better spent hashtaggin' some cat video on Facebook to increase "engagement" with your fans, or crafting a retro looking music video to put on YouTube. The public wants more from bands today and for way less. Is that good or bad? Maybe it's neither, and just the way it is. We can't get too hung up on how things used to be, but just hope we're in the mix when things start becoming what they will be. With that in mind, and barely understood, it's no surprise that many bands these days are incorporating echoes of their heroes and sonic influences, or just covering them outright. Know where you've been? No idea where you're going? Me too.

## Thursday

In an ode to the film *Charlie and the Chocolate Factory* (released 44 years ago), **Primus** (formed 31 years ago) is touring to support its musical interpretation of said musical soundtrack. I've never thought about it before now, but if I had to imagine what Gene Wilder's Willy Wonka's inner monologue sounded like in 2015, it would probably sound a lot like Primus. Les Claypool probably would have made a damn good Wonka as well in the more recent release of the film (sorry, Johnny Depp). Anyway, catch Primus and the Chocolate Factory at the Eureka Muni tonight at 8 p.m. for \$37.50.

If that's a little too rich for your taste, and going back one decade too far, head over to the Jam (what we have always called what used to be called the Jambalaya) for '80s Night with **DJ Red**. In terms

of '80s dollars, adjusted for inflation, it's still free and starts at 9:30 p.m.

## Friday

So-Cal retro rockers **the Growlers** will be performing for mostly HSU students tonight at the Van Duzer Theater on campus. With a kind of low-fi-psychedelic-'60s-surf-garage-rock sound, the Growlers are true to their So-Cal roots, sounding like a sunny L.A. band with choreographed, hip dance moves made for *Top of the Pops*, but with a bleaker lyrical content a la Laurel Canyon in the '70s post-cocaine-takeover. Their music video for "Chinese Fountain" — lamenting where technology has taken us — is all '70s mustaches and sideburns located somewhere around Grauman's Chinese Theater. The show's already sold out but maybe you'll find a way in around 10 p.m. Throw a quarter in the fountain kids, and make a wish.

At 9:30 p.m. you can catch the **Sean Hayes Trio** at Humboldt Brews. A 23 year native of San Francisco (I think), Mr. Hayes has a voice that sounds similar to Brett Dennen at points. To be fair, as Dennen is younger, it should be noted that Dennen's voice sounds a bit like Sean Hayes. \$20 at the door for this show.

Humboldt's premier Talking Heads tribute band, **Naive Melodies**, is at the Jam(balaya) at 10 p.m. My own kids were dancing it out pretty hard to "Once in a Lifetime" the other night, which would have made David Byrne proud. Bring your own lamp and dance the night away. Not sure what the price is, but it'll be worth it.

## Saturday

Speaking of looking to the past for musical inspiration, **Wake the Dead** doesn't just go back to the Grateful

Dead's catalogue for its sound, it goes all the way back to Celtic music. Always wanted to hear "Brokedown Palace" as if it were sung in a Cork County pub? This is your band. An 8 p.m. showtime at the Arcata Playhouse and \$15 will get you in the door.

Humboldt Brews has **Soul Night** tonight and for just \$5 you can sweat and shake your booty at 9 p.m.

The Jam hosts hip-hop with **Little Kidd Lost** joined by recent album-releasers **Object Heavy** at 10 p.m. Price TBA.

## Sunday

The Arcata Playhouse sees the return of **Front Country** which has one-sixth of its roots here in Humboldt County. A talented ensemble winning many awards for its ... well, talentedness. Catch 'em for \$15 at 8 p.m.

## Monday

For a sound hearkening back to gay Paris, when accordions were king and baguette makers didn't take the summers off, look no further than **Musette Explosion**. If you don't really know what that charming, lilting sound of French accordion music sounds like, but you want your friends to think you do, put Musette Explosion next to your *Amelie* soundtrack. They'll be at the Playhouse at 8 p.m. and \$15 will put you in a great mood.

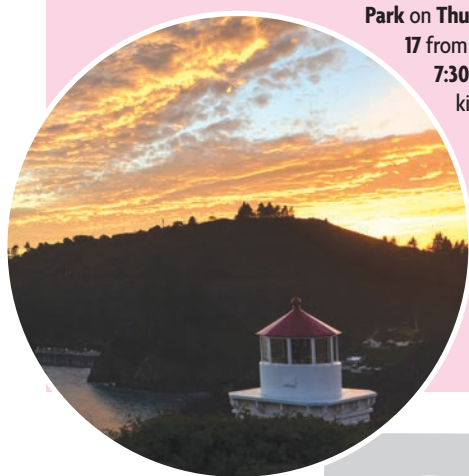
Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to [music@northcoastjournal.com](mailto:music@northcoastjournal.com). ●

*Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m.*



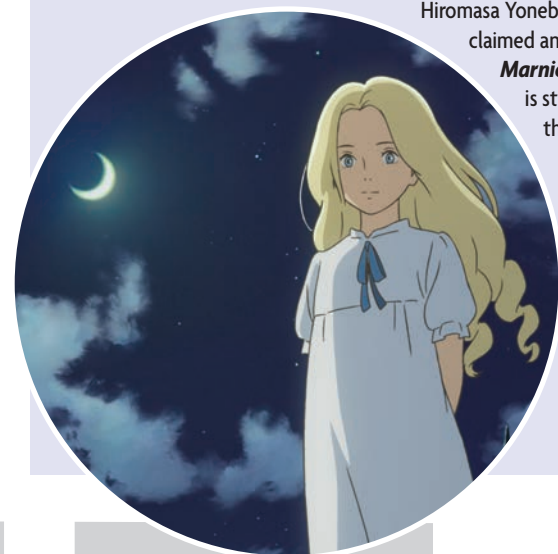
What's better than bocce ball at the beginning of fall? Simultaneously sampling the best offerings of local restaurants, cafes, wineries and breweries while listening to fine folk music, of course. Sup on some of the area's finest at **Tastin' Trinidad** in **Saunders Park** on **Thursday, Sept.**

**17 from 5:30 p.m. to 7:30 p.m.** (\$20, \$5 kids ages 7-13).



Also in the hamlet by the sea, see the stars and starfishes of the **HSU Marine Laboratory** at its **50th Anniversary Open House and BBQ, Friday, Sept. 18 from 11 a.m. to 4 p.m.** (free). Enjoy a guided tour of the facility, learn the history of the lab, discover what's happening with new projects and enjoy a barbecue lunch from noon to 2 p.m.

Thought you'd missed your chance to see the newest (and possibly final) Studio Ghibli film? Don't worry, Hiromasa Yonebayashi's acclaimed anime, **When Marnie Was There**, is still playing at the **Miniplex** at **Richards' Goat and Tea Tavern** on **Sept. 20, 26 and 28 at 4 p.m.** (\$6.50).



# 8 DAYS A WEEK

## 17 thursday

### ART

**Figure Drawing Group.** 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

### MOVIES

**Fresh.** 7-9 p.m. Arcata Theatre Lounge, 1036 G St. Locally Delicious presents the first of four films on food and agriculture, a look at how our local fresh food system impacts equity, the economy and the environment. \$5 or donation. info@locally-delicious.org. www.locally-delicious.org. 407-0047.

**She's Beautiful When She's Angry.** 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. A documentary about the birth of the women's liberation movement in the 1960s. Proceeds go to Planned Parenthood. \$8. www.richardsgoat.com.

### MUSIC

**Humboldt Ukulele Group.** Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

**Primus and the Chocolate Factory.** 8 p.m. Eureka Municipal Auditorium, 1120 F Street. The band brings Wonka wackiness onstage. Tickets available at The Works, Peoples Records and www.ticketweb.com. \$37.

### THEATER

**Last Gas.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. When an old flame returns to town, a man must choose between new and old loves. \$10-\$20.

**Rumors.** 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Neil Simon's classic farce at an upscale New York gathering. TBA. www.ncrt.net. 442-6278.

### EVENTS

**Constitution Day Quiz Bowl.** 5-7 p.m. Humboldt State University Great Hall, 1 Rossow Street, Arcata. Audience members buzz in anonymously via clickers to win prizes for their knowledge. Refreshments will be provided. Free. politics@humboldt.edu. 826-4494.

**Tastin' Trinidad.** 5:30-7:30 p.m. Trinidad, Downtown. Local restaurants, cafes, wineries and breweries showcase what they do best. Celebrate with bocce ball, fun and music by For Folks Sake. \$20, \$5 kids ages 7-13. askchamber@trinidadcalif.com. www.trinidadcalif.com. 677.1610.

### FOR KIDS

**Young Discoverers.** 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. \$5, \$3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

### FOOD

**Henderson Center Farmers Market.** 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. Music by Dale Winget www.humfarm.org. 441-9999.

**McKinleyville Farmers' Market.** 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Locally grown fruits, vegetables, plants, meats and other wonderful products. Music by Cory Goldman & Lindsey Battle.

**People's Market.** Third Thursday of every month, 12-2 p.m. Food for People, 307 W. 14th St., Eureka. Farmers market-style produce market for income-eligible people. Free. hmchugh@foodforpeople.org. www.foodforpeople.org. 445-3166 ext. 308.

### MEETINGS

**Historic Landmarks Committee.** 7 p.m. D Street Community Center, 1301 D Street, Arcata. Information pertaining to the Bayview Neighborhood Conservation Area and architectural survey results. Free.

**Humboldt County Green Party.** 6:30-8:30 p.m. Humboldt Greens Meeting Space, 324 H Street, Arcata. Public and open to all who share Green values, regardless of party registration. Free.

### OUTDOORS

**Oyster Shuck'n Cruise.** 7 p.m. C Street Market Square, Foot of C Street, Eureka. Enjoy Kumamotos on the half-shell while learning about the history, importance and growth process of oysters. \$25.

### ETC

**Dementia Care Coalition Conference.** 8:30 a.m.-4:30 p.m. River Lodge Conference Center, 1800 Riverwalk Drive, Fortuna. Humboldt County Dementia Care Coalition hosts this all-day training for those who care for and about people with dementia. Register online or call 444-9200. \$65-\$100. www.questforexcellence.org. 444-8254.

**Sip and Knit.** 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

**Standard Magic Tournament.** 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

## 18 friday

### LECTURE

**Wish You Were Here.** 7 p.m. Clarke Historical Museum, Third and E streets, Eureka. A postcard tour of Humboldt County with local historian Jerry Rohde and more than 40 images. Free. www.clarkemuseum.org.

### MOVIES

**Being Mortal.** 6-8:30 p.m. Arcata Community Center, 321 Community Park Way. The Frontline documentary explores what matters most to patients and families experiencing serious illness. Free. humACPcoalition@gmail.com. 267-9580.

**The Big Lebowski.** 8 p.m. Arcata Theatre Lounge, 1036 G St. The plot of this comedy crime caper pivots around a case of mistaken identity complicated by extortion, double-crosses, deception, embezzlement, sex, pot and gallons of White Russians. \$5. www.arcatatheatre.com. **Guerros.** 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. Three restless teens search for folk-rocker Epigmenio Cruz on the streets of Mexico City during the student strikes of 1999. \$8. www.richardsgoat.com.

### MUSIC

**Dance Yourself Clean.** 9 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Night of EDM featuring lights and music DJs with Collaj, plus band sets by Body Language and Powers. \$20. www.mateel.org.

**The Growlers.** 10 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Reverb-heavy surf guitar meets Bakersfield-style honky tonk with some 1980s post-punk mixed in. The Pesos open the show. \$18, \$15.

**Third Friday Jazz.** 7 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Hosted by the RLA Trio with featured artist Russ Thallheimer on saxophone. Refreshments available. \$5-\$10. westhavenarts@gmail.com. 677-9493.

**Wild Lungs.** 9:30 p.m. Arcata Playhouse, 1251 Ninth St. Celebrate the release of the band's debut album. With Shaggy Sample and Nipplepotamus \$5.

### THEATER

**Last Gas.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Sept. 17 listing.

continued on next page ►





## Where the Dinosaur Roam

Parents, you've taken the kids to all the *Jurassic* movies — and you know your little ones love The Big One. Now it's time to take things to the next level. You may not be able fly a twin engine to Isla Nublar, but you can load everyone into the car and head over to **Redwood Acres** this **Friday, Sept. 18 through Sunday, Sept. 20** for serious dino adventure at **Jurassic Quest** — the ultra-realistic animatronic dinosaur show with almost as much bite as something out of Spielberg's studio (\$18, \$16, \$13 for kids 12 and under, \$22 kids VIP).

What could be more fun than **riding a moving dinosaur** (15-foot T-Rex, anyone)? Or taking a picture with **walking dinos, T-Rex and Spinosaurus**? How about **petting a baby Triceratops** (Not the mama!)? There are towering **dino bounce houses** and an exciting **bungee cord pull, dino scooters, educational exhibits** and a **fossil dig** where young paleontologists can get their hands dusty uncovering the bones of a T-Rex. Kids can create their own paper dinosaurs at the **crafts station** or have their **faces painted** to look like their favorite extinct giant reptile. Right now the kid in you is getting amped. No need to scale back your excitement or develop thick skin. No one's judging. They're too busy making plans to be there. Don't dino-might — dino do it.

— Kali Cozyris

### EVENTS

**50th Anniversary Open House and BBQ.** 11 a.m.-4 p.m. HSU Marine Laboratory, 570 Ewing St., Trinidad. Enjoy a guided tour of the facility and surrounding area, a lecture on the history of the lab, updates on new projects and great food. Free.

**Free Skate Night.** 6:30-9:30 p.m. Blue Lake Roller Rink, 312 S. Railroad St. Free skate night for all ages. Celebrate the refurbished facility and plenty of great songs to skate to. cmull@bluelake.ca.gov. 668-5655.

### FOR KIDS

**Jurassic Quest.** 3-8 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Exhibit featuring life-size animatronic dinosaurs. Interact, learn about dinos and even ride a few. Also featuring fossil digs, the "Dino Bounce" area, face painting, crafts and more. \$18, \$16, \$13 for kids 12 and under, \$22 kids VIP. www.redwoodacres.com.

### FOOD

**Garberville Farmers Market.** 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local farm-fresh produce, meats, cheeses, baked goods and other specialty foods. EBT, Cal-Fresh and WIC accepted. SoHumFM@Yahoo.com. 923-3499.

**Oysters and Ale and More.** Sept. 18, 5:30-9:30 p.m. Woodley Island Marina, 601 Startare Drive, Eureka. Humboldt Made benefit evening of auctions, music by the Hip Joint, tasting local products and drinking frosty libations. \$30. humboldtmadeoystersandale@gmail.com. humboldtmade.com. 845-3873.

### SPORTS

**BMX Friday.** 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

**Public Skating.** 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

### ETC

**Home Upgrades.** 1-3 p.m. Wharfinger Building Bay Room, 1 Marina Way, Eureka. Redwood Coast Energy Authority and Humboldt Builders' Exchange teach contractors about the Energy Upgrade California™ Home Upgrade Program. Refreshments from Ramone's Cafe. Free. info@redwoodenergy.org. redwoodenergy.org. 442-3708.

## 19 saturday

### BOOKS

**FOAL Fall Book Sale.** 10 a.m.-4 p.m. Arcata Library, 500 Seventh St. Large selection of DVDs, popular genre fiction, classics and children's books. Current FOAL members are invited to the presale at 9:30 a.m. (membership available at the door). Call for more info. 822-5954.

**Guy Towers.** 1-2:30 p.m. Eureka Main Library, 1313 Third St. The author discusses his new book *Images of America: St. George Reef Lighthouse*. Free. www.humlib.org. 269-1905.

### MOVIES

**Gueros.** 6:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Sept. 18 listing.

**When Marnie Was There.** 4 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. A tomboy explores a long-abandoned villa and meets a mysterious girl only she can see. \$6.50-\$8. www.richardsgoat.com.

### MUSIC

**IAMSU and Hiway.** 7 p.m. Arcata Community Center,

321 Community Park Way. Bay Area and local hip-hop with Green R Fieldz. All ages. \$30.

**Wake the Dead.** Sept. 19, 8 p.m. Arcata Playhouse, 1251 Ninth St. Grateful Dead bluegrass ensemble. \$15, \$13.

### THEATER

**Last Gas.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Sept. 17 listing.

### EVENTS

**Breakfast and Flea Market.** Third Saturday of every month, 8:30 a.m. Dows Prairie Grange Hall, 3995 Dows Prairie Road, McKinleyville. Enjoy pancakes, eggs and browsing knick knacks. Flea market ends at 3 p.m. \$5, \$3 for kids. dowsgrange@gmail.com. www.dowsprairie-grange.org. 840-0100.

**E-Waste and Auto Battery Collection.** 9 a.m.-2 p.m.

Rio Dell City Hall, 675 Wildwood Ave. The City of Rio Dell and HWMA hosts this free collection event. Free. cchavez@hwma.net. www.hwma.net/events. 441-2005.

**Frolic in the Glen & Highland Games.** 10 a.m.-5 p.m. Rohner Park, 11th and N streets, Fortuna. Fun for the whole family with Scottish games, bagpipers, Celtic dancers, the Children's Glen and more. Free. info@northcoastscots.org. www.northcoastscots.org. 498-3014.

**North Country Fair.** 10 a.m.-6 p.m. Arcata Plaza, Ninth and G streets. Two full days of fun featuring food, crafts, live music and samba and all-species parades. Free.

### FOR KIDS

**Drop-In Board Games.** Third Saturday of every month, 10 a.m.-5 p.m. McKinleyville Library, 1606 Pickett Road. Get your game on with the library's collection or bring



## Feel the Burns

Kilts. Bagpipes. Whiskey. Need more proof that the Scots throw a good party? Never mind that they invented golf, they brought the world its best adult beverage and their national animal is the unicorn. Aye, they know how to have a good time and the North Coast Scottish Society shows us how at the **Frolic in the Glen and Highland Games on Saturday, Sept. 19 at Rohner Park from 10 a.m. to 5 p.m.** (free).

The annual event began as a gathering of local Scots four years ago and has grown larger every year. This year, local clans are joined by the Shamrock Club of Sacramento, Scots from Dixon, and a beard oil company is sponsoring the frolic's first **Beard Contest**. From the **Humboldt Highlanders pipe band** opening welcome at **10 a.m.** to the **closing thank you at 5 p.m.**, expect music, dancing, eating and more. Laurene Thorpe of the North Coast Scottish Society says, "The event is a way to let the public see what we're all about, learn about Scotland and Celtic history." Peruse Celtic-themed **arts and crafts booths**, have a **tarot reading** or get a **Celtic henna tattoo**. There's also **hair braiding, cooking demonstrations** and, for the wee ones, **bouncy castles** and **story-telling**. Lay down a few coins for the **50/50 raffles** and a **raffle** for (what else?) a huge flask and bottle of the good stuff. Enjoy performances by the **Academy of Irish Dance** and live music by the **Vanishing Pints, Michael Ross** and **Twisted Thistle**. Kilts are wildly popular (have they ever really gone oot of style?) and you can see what the men are sporting at the **Bonnie Knees contest**. The lads line up while the lasses have a look and let 'em know who's the bees knees. Don't forget the games: **caber toss, Wellie toss, clan vs. clan tug of war, stone put** and **ax throwing** (heads up, everybody). New this year: **haggis, meat pies and bangers** for sale. So really, there's no reason to miss this shindig. There's a bit 'o fun for everyone.

— Kali Cozyris





## Come One, Come All (Species)

The **North Country Fair** on the **Arcata Plaza**, **Saturday Sept. 19 and Sunday, Sept. 20** from **10 a.m. to 6 p.m.** (free) is the quintessential Arcata festival. With arts and crafts vendors, beer, a samba parade, giant puppets, political and nonprofit booths, kids games, live music and more, the plaza's got a groovy thing goin', baby. And naturally, a city that celebrates diversity would host an all-day party that features an all-species parade.

This Humboldt County tradition, put on by the Same Old People for 42 years, welcomes the fall equinox with nearly **200 booths** all around the plaza, features **two stages** for music and speakers (at Eighth and G streets, and Ninth and H streets) and opens the north lawn for dancing and recreating with family and friends. The **Samba Parade (Sept. 19 at 1 p.m. with Samba da Alegria)** and **All-Species Parade (Sept. 20 at 1 p.m. with Synapsis, Bandemonium and the Northcoast Environmental Center**, in memory of Tim McKay) are two of the fair's biggest attractions. Along with sumptuous food and drink, enjoy live music from a cavalcade of local performers and musicians like the **Arcata Interfaith Gospel Choir, Lost Coast Marimbas, Ya Habibi Dance Company, Josephine Johnson, Dynasty One, the Movers and the Shakers, the Jim Lahman Band, Bayou Swamis, the Miracle Show** and many, many more. Admission to the fair is free, but bring money for all the goodies you'll want to eat, imbibe and gift to someone later on.

— Kali Cozyris

in one of your favorites to share. Free. mckhuml@co.humboldt.ca.us. 839-4459.

**Jurassic Quest.** 9 a.m.-8 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See Sept. 18 listing.

**Story Time.** Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Join us for stories, songs, and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333.

**Young Inventors' Club.** Third Saturday of every month, 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. Hands-on science program with one or more activities planned each month. Free with museum admission. redwooddiscoverymuseum@gmail.com. discovery-museum.org. 443-9694.

### FOOD

**Arcata Plaza Farmers Market.** 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week.

**Welcome Potluck.** 6 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Join WCA for an evening sharing food, drink, music and company to welcome Executive Director Roy King. Bring a dish to share. RSVP. Free. jeinem@humboldt.com. 834-2479.

### OUTDOORS

**Arcata Marsh Tour.** 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

**Audubon Society Arcata Marsh Tour.** 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I

Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

**Bird Walk.** 8:30 a.m. Southern Humboldt Community Park, 934 Sprowl Creek Road, Garberville. Revel in the beauty of the park and its avian inhabitants on this easy, two to three-hour walk. All ages. No dogs. Please bring your own binoculars. Free. 943-9786.

**California Coastal Cleanup Day.** 9 a.m.-noon. Any Local Beach, Seriously Any Beach, Humboldt County. Cleanups will take place at over 70 sites on Humboldt County's beaches, rivers, bay and estuaries. Visit an interactive map of cleanup locations at [www.coastalcleanupday.org](http://www.coastalcleanupday.org). Free. [coastalcleanup@yournec.org](mailto:coastalcleanup@yournec.org). 822-6918.

**Day of Caring Volunteer Work Day.** 9 a.m.-noon. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Help remove trash and non-native plants from the Marsh and Wildlife Sanctuary. Gloves, tools and beverages provided. Wear work clothes and closed-toe footwear. Barbecue lunch at noon in Sequoia Park, courtesy of the United Way.

**Junior Explorer Kayak Paddle.** 10 a.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Join a naturalist guide on Humboldt Bay for a fun-filled learning experience geared towards kids. Fee includes 3-hour excursion, instruction and gear. Ages 9 and up. \$40, \$30 HSU. [cntract@humboldt.edu](mailto:cntract@humboldt.edu). 826-3357.

**Volunteer Trail Stewards.** 9 a.m.-noon. Cooper Gulch Park, Eighth and Myrtle streets, Eureka. Help pick up trash, remove invasive plants and paint benches and railings. Bring gloves, water and eye protection, if you have them. Meet in the parking lot at 10th and R Streets. Free. 498-8086.

continued on next page ►

**JOIN A TEAM OR LEAD YOUR OWN!**

**CALIFORNIA COASTAL CLEANUP DAY**  
SATURDAY, SEPTEMBER 19, 2015

**WWW.YOURNOC.ORG/COASTALCLEANUP**

Our waterways could use a pick-me-up.

CLEANING UP OUR COAST SINCE 1978

the Northcoast Environmental Center

**ALL SPECIES PARADE!**  
AT THE NORTH COUNTRY FAIR  
SUNDAY SEPT. 20 @ 1PM

CALL 822-6918 FOR MORE INFO

**UN-DAM THE KLAMATH STREET THEATER!**  
MAKE A MASK OR A COSTUME AND JOIN THE PARADE!

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The Eureka Heritage Society's Annual Home Tour  
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Eureka Books & Shady Lady, Eureka  
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Rings Pharmacy, Ferndale  
Greens Pharmacy, Fortuna  
A&L Feed, McKinleyville  
[www.eurekaheritage.org](http://www.eurekaheritage.org)





### SPORTS

**Public Skating.** 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Sept. 18 listing.

### ETC

**Media Center Orientation.** Third Saturday of every month, 10 a.m. Access Humboldt Community Media Center, Eureka High School, Eureka. Learn about the recording studio, field equipment, editing stations and cable TV channels available at Access Humboldt. Free. 476-1798.

**Electric Vehicle Ride and Drive.** 9 a.m.-2 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Plug-in electric vehicles available to view and test drive (depending on dealership inventory), and information about local electric vehicle resources. Free. redwoodenergy.org. 269-1700.

**Rummage Sale.** 8 a.m.-2 p.m. Trinidad Town Hall, 409 Trinity St. Trinidad Civic Club's rummage sale. 599-9030.

**Spot Vision Screening.** 9 a.m.-2 p.m. Dows Prairie Grange Hall, 3995 Dows Prairie Road, McKinleyville. The McKinleyville Lions Club offers screening with printed results. All ages. Free. www.dowsprairiegrange.org. 839-3768.

**Women's Peace Vigil.** 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

**Yu-Gi-Oh! Standard League.** 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

## 20sunday

### MOVIES

**Gueros.** 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Sept. 18 listing.

**Monsters, Inc.** 6 p.m. Arcata Theatre Lounge, 1036 G St. Lovable monsters and a little human girl go on an adventure when the portal between their two worlds opens. \$5. www.arcatatheatre.com.

**When Marnie Was There.** 4 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Sept. 19 listing.

### MUSIC

**Bayside Grange Music Project.** 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

**Front Country.** 8 p.m. Arcata Playhouse, 1251 Ninth St. Award-winning Bay Area newgrass band featuring Melody Walker. \$15, \$13.

**Paula Jones and the RLA Trio.** 3-5 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Jazz/gospel sounds. \$5 adults, \$2 seniors/students, free MGMA members and children. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

### THEATER

**Last Gas.** 2 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Sept. 17 listing.

### EVENTS

**North Country Fair.** 10 a.m.-6 p.m. Arcata Plaza, Ninth and G streets. See Sept. 19 listing.

### FOR KIDS

**Jurassic Quest.** 9 a.m.-7 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See Sept. 18 listing.

**Lego Club.** 12:30-2 p.m. Discovery Museum, 612 G St.,

Eureka. Lego fun for younger and older kids featuring Duplos as well as smaller, more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. discovery-museum.org. 443-9694.

**Pokemon Trade and Play.** 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

### FOOD

**Food Not Bombs.** 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

**Italian Chicken Polenta Dinner.** 4 p.m. Italian Catholic Federation, 1730 Janes Road (St. Mary's Church Hall), Arcata. Italian chicken polenta dinner served family style. Call for reservations. \$15, \$7 kids 6-12, free for kids under 6. rmelendy@att.net. 822-3049, 663-5679.

**Pancake Breakfast.** 8-11 a.m. Mattole Grange, 36512 Mattole Road, Petrolia. All the pancakes you can eat, slow-cooked organic oatmeal with sweet surprises inside, local fresh eggs, Ferndale Meat Company sausage, coffee or milk. \$8, \$3. evenson@igc.org. 629-3421.

**Spaghetti Dinner and Auction.** 5 p.m. Eureka Center for Spiritual Living, 239 Buhne St. Enjoy gluten-free or regular noodles, meatballs, non-tomato sauce or vegetarian sauce, salad, garlic bread, desert and a beverage. Admission includes a door prize ticket. \$10, \$5 kids 12 and under. 443-5743.

### SPORTS

**BMX Practice and Racing.** 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

**Humboldt County Mud Run.** 1 p.m. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Choose 10K, 5K or 1K Kids' Mini-Mud options with hills, obstacles, 4-foot walls with tunnel crawls, slippery hill climbs and oodles of mud pits. \$35-\$65. www.HumboldtCountyMudRun.com.

### ETC

**Family Game Day.** 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own game. \$3. www.nugamesonline.com. 497-6358.

**Redwood Coast Scrabble Club.** 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

## 21monday

### DANCE

**Friendship Circle Dance.** 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music from the 1930s through 1950s. Refreshments served. \$4. 725-5323.

### MOVIES

**Manglehorn.** 7 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. An ex-con who gave up the woman of his dreams for a big job obsesses daily over the choices he made. \$6.50-\$8. www.richardsgoat.com.

### MUSIC

**Will Houlouser's Musette Explosion.** 8 p.m. Arcata Playhouse, 1251 Ninth St. New York jazz accordionist brings his trio to town. \$15, \$13.

### MEETINGS

**Volunteer Orientation.** 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

### SPORTS

**Monday Night Football.** 5:20 p.m. Arcata Theatre Lounge, 1036 G St. Pro football on the giant screen. All ages. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

### ETC

**Monday Night Magic Draft.** 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. New and seasoned players welcome. \$15. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

## 22tuesday

### SPOKEN WORD

**Human Expression Night.** 7 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Courtne Burns hosts this night of poetry and creativity. Free. www.blondiesfoodanddrink.com.

### FOR KIDS

**Playgroup.** 10-11:30 a.m. Discovery Museum, 612 G Street, Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

**Pokemon Trade and Play.** 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Sept. 20 listing.

### FOOD

**Eureka Farmers Market.** 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fresh, local produce direct from the farmer. Free. 441-9999.

**Fortuna Farmers Market.** 3-6 p.m. Fortuna Main Street, Main Street. Locally grown fruits, veggies and garden plants, plus arts and crafts. Free.

**Miranda Farmers Market.** 2-6 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods and more right across from the Miranda Gardens Resort. Free. www.facebook.com/Southernhumboldtfarmersmarket.

**Shelter Cove Farmers Market.** 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, all with an ocean view. Free. www.facebook.com/Southernhumboldtfarmersmarket.

**Wildberries Farmers Market.** 3:30-6:30 p.m. Wildberries Marketplace, 747 13th St., Arcata. Locally grown fruits, vegetables, plants, meats and more. Music by Seabury Gould.

### ETC

**Bingo.** 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

**Board Game Night.** 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

**Ferndale Cribbage.** 10 a.m. Our Savior's Lutheran Church, 425 Shaw Street, Ferndale. Cards and pegs.

**Humboldt Cribbage Club.** 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

## 23wednesday

### MOVIES

**The Giant of Metropolis.** 7:30 p.m. Arcata Theatre Lounge, 1036 G St. Obro the musclemans goes to Atlantis and sinks a death-ray king who knows the secret of immortality. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

### EVENTS

**Community Board Game Night.** Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslncrp@northcoast.com. www.baysidegrange.org. 444-2288.

### FOR KIDS

**College and Career Night.** 5:30 p.m. Eureka High School Auditorium, 1915 J St. For ninth- to 12th-grade students and parents who want to learn about preparing for and applying to colleges, universities and trade schools. Free. **Storytime.** 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

### COMEDY

**Savage Henry Comedy Night.** 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5.

### COMEDY

**Comedy Open Mikey.** 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free.

### ETC

**Casual Magic.** 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

## 24thursday

### ART

**Figure Drawing Group.** 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Sept. 17 listing.

### MOVIES

**She's Beautiful When She's Angry.** 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Sept. 17 listing.

### MUSIC

**Roselit Bone and Moon Pine.** 8-11 p.m. The Sanctuary, 1301 J St., Arcata. Classic country twang. \$5-\$20 sliding scale. thesanctuary.arcata@gmail.com. roselitbone.bandcamp.com. 822-0898.

### EVENTS

**Community Board Game Night.** Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. See Sept. 23 listing.

### FOR KIDS

**Young Discoverers.** 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. See Sept. 17 listing.

### FOOD

**Cooking with Commodities and Seasonal Produce.** 12-1 p.m. North Coast Co-op, Eureka, 25 Fourth St. Participants will sample and learn how to prepare healthy, low-cost meals using food pantry items. Free. ccuuls@foodforpeople.org. www.foodforpeople.org. 445-3166 x 305.

**Henderson Center Farmers Market.** 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Sept. 17 listing.

**McKinleyville Farmers' Market.** 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. See Sept. 17 listing.

### GARDEN

**American Rhododendron Society.** 7 p.m. Eureka Women's Club, 1531 J St. Elaine Sedlack presents "Frank Kingdon-Ward: Connoisseur Plant Collector." Refresh-



ments are provided. Free. [www.eurekaheritage.org](http://www.eurekaheritage.org). 269-9533.

#### ETC

**Sip and Knit.** 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Sept. 17 listing.

**Standard Magic Tournament.** 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Sept. 17 listing.

## Heads Up...

**AAUW Scholarships** available for HSU women re-entry students. Application deadline is Oct. 31. For more information, go to [www.Humboldt-ca.aauw.net](http://www.Humboldt-ca.aauw.net) or call 443-1291.

**The Humboldt Arts Council** accepts entries for the Junque Arte Competition and Exhibition on Sept. 23 from noon to 5 p.m. Visit [www.humboldtarts.org](http://www.humboldtarts.org).

**Low-cost firewood** is available for income-eligible older adults. Call 443-9747 ext. 1241 for more information.

**Fern Cottage Foundation** seeks board members. Please send a letter of intent to Fern Cottage Foundation, P.O. Box 1286, Ferndale, CA 95536. For information, go to [www.ferncottage.org](http://www.ferncottage.org).

**Volunteers** wanted for Eureka VA clinic. Call 269-7502.

**For an application for grand jury service**, call 269-1270 or stop by the Jury Services Office at the Humboldt County Courthouse. Applications online at [www.co.humboldt.ca.us/grandjury](http://www.co.humboldt.ca.us/grandjury). ●

# MCKINLEYVILLE ARTS NIGHT

## Third Friday McKinleyville Arts Night June 19, 6-8 p.m.

Presented by members of the McKinleyville business community and is open for all McKinleyville businesses to display the work of local artists. Receptions for artists, exhibits and/or performances are from 6-8 p.m. on the third Friday of each month. Call (707) 834-6460 or visit [www.mckinleyvilleartsnight.com](http://www.mckinleyvilleartsnight.com) for more information.

#### CALIFORNIA REDWOOD COAST AIRPORT

3561 Boeing Ave.

Artwork by Humboldt County artists at the long-term exhibit coordinated by the Redwood Art Association.

#### MCKINLEYVILLE FAMILY RESOURCE CENTER

1450 Hiller Road

Special Event: Bring your family out to a night of art and fun with special activities from 6:30-7:30 p.m. Come prepared for a fun night for children of all ages.

#### NORTH COAST FROZEN YOGURT

McKinleyville Shopping Center

Earl Stevens, wood, showing a collection of "Intarsia" work.

*Sites marked with an \* will not be open arts night, but will have artwork displayed during the month of September.*

EARL STEVENS,  
WOODWORK, AT  
NORTH COAST  
FROZEN YOGURT



#### \*RAMONE'S BAKERY & CAFE

McKinleyville Shopping Center

Reuben T. Mayes, abstract expressionist.

#### \*CLONEY'S PHARMACY

McKinleyville Shopping Center

Various artists, art work in a variety of media.

#### BLAKE'S BOOKS 2005 Central Ave.

Tina Gleave, silk scarves, shawls and silk paintings.

#### CHURCH OF THE JOYFUL HEALER 1944

Central Ave.

Steve Davis, oil paintings with palette knife.

## FILMLAND



I'M A LITTLE TEAPOT.

# Twist Again

## *The Visit* and *The Perfect Guy*

By John J. Bennett

[filmland@northcoastjournal.com](mailto:filmland@northcoastjournal.com)

## Reviews

**THE VISIT.** It's been quite a while — probably a decade plus — since the opening of an M. Night Shyamalan movie was any kind of an event, local folderol over *After Earth* (2013) notwithstanding. Speaking only for myself, his reliance on twists and tricks got old even before the end of the vastly overrated, career-generating *The Sixth Sense* (1999). I will, however, continue to defend *Unbreakable* (2000), maybe because it doesn't lean so heavily on a third act surprise as the rest of the catalog. And I thought *Signs* (2002), with its hokey, 1950s-style creature animation, was kind of fun in spite of itself. Regardless of my minor

enjoyment of some of it, it would seem that general enthusiasm for Shyamalan's work has gradually waned over the course of time. So, it would seem, has studio (read: moneyed) support for his projects. It's my understanding that this most recent offering, a modestly-budgeted horror thing made under the auspices of the going-gangbusters Blumhouse imprint, represents an effort to wrestle back creative control and final-cut privileges. I suspect there is also an impulse to reassert some sort of cultural relevancy, considering especially the youth focused, found-footage, genre-specific nature of *The Visit*. I'm not sure yet whether I care,

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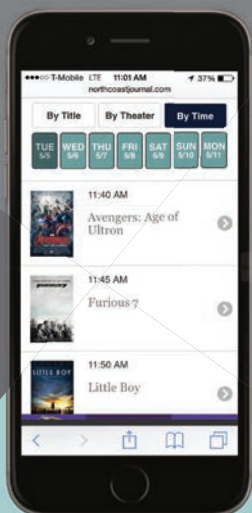
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## MOVIES & EVENTS

Sept 18 - Sept 23 • • • • •

**Fri Sep 18 – The Big Lebowski**  
(1998), Doors @ 7:30 PM. Movie @  
8 PM, Film is \$5, Rated R.

**Sun Sep 20 – Monsters, Inc. (2001),**  
Doors @ 5:30 PM, Movie @ 6 PM,  
Film is \$5, Rated G.

**Wed Sep 23 – Sci Fi Night ft. The**  
**Giant of Metropolis (1961).** Doors  
@ 6 p.m. All ages, Free w/\$5 food  
& bev. purchase.

Monday Night Football, Starts 9/14, See  
http://www.arcataattheater.com/ for details.

**Arcata Theatre Lounge**   
arcataattheater.com • 822-1220 • 1036 G St.

## FILMLAND

continued from previous page

but I don't think these efforts have succeeded.

It took an effort just to put away my prejudices and preconceptions about Shyamalan's body of work in the first place. Then, having achieved a decidedly non-Zen state of relative objectivity, I was immediately discomfited by the above mentioned found-footage-ness of *The Visit*. I've said before how it bespeaks laziness and lack of craft, that it undermines some of the most important aspects of moviemaking as art; it is a cheap-looking way to make a movie cheaply and it bugs. Because Shyamalan is a pro, despite anyone's protests and reservations, his lighting and editing make this movie look marginally better than most of its kind. The photographic style distracts and cheapens it, nonetheless.

The thinly constructed, painfully contrived plot line doesn't help much, either. Mom (Kathryn Hahn, usually delightful), estranged from her parents after a vaguely referenced incident 15 years ago, for some reason decides it would be a good idea to send her young teenagers Becca (Olivia DeJonge) and Tyler (Ed Oxenbould) for a week on the farm with Nana and Pop Pop (Deanna Dunagan and Peter McRobbie). There is no direct communication between Mom and the grandparents, for reasons of narrative laziness that will become abundantly clear by movie's end. Becca is, of course, a budding documentarian (complete with all the attendant pretention), and so records the events of the week with multiple cameras. Tyler is a wannabe rapper, which has nothing to do with the plot, but is probably intended to add color.

The trip starts out auspiciously enough: Nana and Pop Pop are warm and welcoming, if a little "off." Their remote farmhouse is cozy and comfortable, with just enough off-limits spaces to suggest something sinister. As the days wear on, though, the minor weirdnesses of the place and its inhabitants compound to a threatening degree. Which, in turn, leads to the twist we all knew was coming. But there's another twist: This one is the most hackneyed, most obvious, least plausible twist of all! Surprise!

I don't know why I feel compelled to defend this thing, but in its defense: The look and feel are slightly more effective than they might be; the young lead actors both give strong, if frequently an-

noying performances (they are teenagers, after all); and well, that's really about it. PG13. 94m.

**THE PERFECT GUY.** I watched this immediately after *The Visit*, in a self-flagellatory attempt at creating the worst double feature of all time. I may not have achieved this, but I came awfully goddamn close. Even though this is a completely redundant, derivative, styleless mess, it felt like a relief after being subjected to Shyamalan's latest.

Sanaa Lathan plays Leah, a fiercely independent career lobbyist who, somewhat inexplicably, breaks off her long-term relationship with Dave (Morris Chestnut) because he isn't quite ready to get married and have children. She, perhaps even less plausibly, rebounds almost immediately into the arms of Carter (Michael Ealy), who, no surprise, seems to be the eponymous perfect guy. He sweeps her off her feet, wins over her dad with Giants tickets, seems to have all the right moves. Then he brutalizes a guy because he seemed to be talking to Leah. She summarily breaks off the relationship and that's when the trouble starts. See, Carter isn't perfect at all; he's a rage monster with formidable creeper skills. Leah goes to the police, who can offer little in the way of help without tangible evidence of Carter's ongoing malfeasance. Things, as they often do in these cases, escalate dangerously.

*The Perfect Guy* is perfectly innocuous, and that is perhaps its greatest failing. For a movie about the constant threat of personal violation, there isn't, for a moment, any real sense of danger. Ealy gives a compelling-enough performance, but the movie is cut so that he switches, on a dime, from smooth operator to bug-eyed creeper. Lathan likewise does strong work, but is lost in a narrative that downplays both her character's strength and the horror of the situation in which she finds herself. PG13. 100m.

—John J. Bennett

## Previews

**BLACK MASS.** Johnny Depp loses some hair and creeps us out as real-life Irish-American mobster/FBI informant Whitey Bulger, with Benedict Cumberbatch as his senator brother. R. 122m.

**GRANDMA.** Lily Tomlin plays a tough old bird taking her pregnant granddaughter around town to roust up \$600 from

friends and enemies alike by day's end. R. 80m.

**MAZE RUNNER: THE SCORCH TRIALS.** Our clear-skinned teen heroes escape lockdown and battle the middle-aged powers that be in the wider post-apocalyptic dystopia. PG13. 131m.

**MERU.** Nosebleed-inducing, climber-filmed documentary about a trio scaling the near-impossible peak. R. 87m.

**WAR ROOM.** A troubled family prays together and (spoiler alert!) probably stays together. PG. 120m.

**A WALK IN THE WOODS.** Robert Redford and Nick Nolte star as old friends testing their knees and their bond by hiking the Appalachian Trail. R. 104m.

## Continuing

**AMERICAN ULTRA.** A stoner-Bourne action/comedy that feels lazy and rushed at the same time. R. 96m.

**THE GIFT.** This smart, mean, stylish little thriller about a marriage unraveling and past misdeeds is perfectly paced and brims with dread. R. 108m.

**INSIDE OUT.** Pixar renders our inner lives and the tumult of growing up with clarity, charm, poignancy and humor through the personified emotions of a girl named Riley. PG. 94m.

**JURASSIC WORLD.** A big, fun, well-executed popcorn movie that sticks with dinosaur action thrills rather than convoluted plot. PG13. 124m.

**MINIONS.** Sandra Bullock and John Hamm lend voices to the *Despicable Me* spin-off starring the goofy, Twinkie-esque henchmen. PG. 91m.

**MISSION: IMPOSSIBLE — ROGUE NATION.** Cruise and company return with thrilling action (motorcycles! cargo planes!) and an under-developed plot that lacks real danger. PG13. 132m.

**NO ESCAPE.** Some style and originality in this story of a family caught in a revolution abroad, but not enough intensity. R. 103m.

**PIXELS.** Apparently it has some lives left. PG13. 106m.

**RICKI AND THE FLASH.** Meryl Streep plays a rock star reconnecting with her ex (Kevin Kline) and grown kids. PG13. 101m.

**STRAIGHT OUTTA COMPTON.** A fluid and immersive drama with strong portrayals of NWA's now mythic members (give or take an assault). R. 147m.

—Jennifer Fumiko Cahill



# workshops & CLASSES

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## Arts & Crafts

**BEGINNING KNITTING CLASSES** Each beginning class consists of three 2 hour Saturday sessions. By the last session you will be completing your first project: a simple knit hat. All materials are provided. Sign-up on-line or by calling us. (707) 442-9276 info@northcoastknittery.com http://northcoastknittery.com

**CREATING WITH CLAY.** First and Third Thurs.'s 6:30 -8:30 pm. Here's your chance to create whimsical and fun ceramic projects to help our fundraising efforts and your opportunity to create in clay in this free two hour workshop. Call to reserve space. Limited to three visits in a six month period. Fire Arts Center 520 South G St Arcata 707-826-1445 fireartsarcata.com (AC-0917)

**KNITTING AND CROCHET CLASSES AT YARN** Yarn offers a variety of knitting and crochet classes each month for beginner to intermediate knitters/crocheters as well as weekly craft classes for kids. Visit www.yarn-fun.com or call 443-YARN to find out our schedule each month. Classes at our new location, 518 Russ St. in Henderson Center. (A-0924)

**LEARN TO KNIT** Learn to Knit - Just in time to create Holiday Gifts!  
Our new beginning knitting class will give you the skills to complete your first knitted project, a knitted hat. Total instruction time is six hours. Your materials will be provided as part of the workshop fee. Workshop Fee:\$65.00  
Saturday, Oct. 17 11AM - 1PM  
Saturday, Oct. 24 11AM - 1PM  
Saturday, Oct. 31 11AM - 1PM  
Sign-up on-line or give us a call (707) 442-9276 info@northcoastknittery.com www.northcoastknittery.com

**UPCYCLING CLASSES AT SCRAP HUMBOLDT** For Youth & Adults! For the full schedule visit www.scraphumboldt.org (707) 822-2452

**VINTAGE STYLED HATS** Love knitted hats but can't find a style that flatters the shape of your face and hair style? Roaring Twenties hats such as the cloche, toque, and embellished cap were designed to compliment many different wearers. Julie Turjoman, who wrote "A Head for Trouble" comes to NorthCoast Knittery on 9/19 and 9/20. Sign-up for her workshops on-line or give us a ring. (707) 442-9276 info@northcoastknittery.com northcoastknittery.com

## HEY, BANDS.

Submit your gigs online:  
**www.northcoastjournal.com**



## Communication

**EASY CONVERSATIONAL SPANISH** a class for people with no prior knowledge of Spanish. This is a fun non-grammar based class where students learn essential Spanish for everyday conversation. Oct 21-Nov 11 Wednesdays 5:30-7:30pm downtown Eureka contact Community Education at 707-476-4500 for registration information (V-0924)

**THE STATE OF MARRIAGE DISCUSSED AT LIFETREE CAFÉ** The state of marriage in America will be explored at Lifetree Café on Sunday, September 20 at 7 p.m. The program "Is Marriage Obsolete? Why More People Are Saying, 'I Don't'" will examine the declining marriage rate and the underlying causes of the trend. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or boddipert@hotmail.com or www.lifetreecafe.com (C-0917)

## Computer

**DIGITAL PHOTO REPAIR WITH PHOTOSHOP** Thursdays, Oct 8-Nov 5 2015 3-5pm \$80 Learn the basic Photoshop tools for enhancing and repairing images, such as level adjustment, color balance, as well as, tools for removing spots of dust, scratches and torn areas. Basic Photoshop skills required. Call 476-4500 info to register or for more information (V-0924)

**INTRODUCTION TO VECTOR ILLUSTRATION.** For the artist and non-artist alike, learn how to use Adobe Illustrator to create eye-catching graphics. With Annie Reid. Tues./Thurs., Sept. 29-Oct. 8, 6:30-8:30 p.m. Fee: \$145. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0917)

**MICROSOFT EXCEL BASICS.** Learn the fundamentals of worksheet design; formulas and functions; charts; saving and printing worksheets and workbooks. With Joan Dvorak. Mons., Sept. 28-Oct. 19, 6-8 p.m. Fee: \$75. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0917)

## Dance/Music/Theater/Film

**DANCE SCENE STUDIOS.** Excellent instruction in Ballet, Creative Dance, Hip Hop, Belly Dance, Pilates, Jazz, Musical Theater. 1011 H Street, Eureka. www.DanceEureka.com (707)502-2188. (DMF-1105)

**DANCE WITH DEBBIE:** Find your inner Latin dancer! Learn Salsa in a small class environment - beginning level 7-8 p.m., Intermediate 8-9 p.m. on Tuesday evenings in October or explore your inner Latin lover with Rumba on Thursday evenings also in October, same times. Only \$40/person/month and we guarantee you will learn to dance! (707) 464-3638, debbie@dancewithdebbie.biz (D-1008)

**REDWOOD RAKS WORLD DANCE STUDIO, ARCATA.** West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0924)

**STEEL DRUM CLASSES.** Beginning Classes Level 1 Fri.'s. 10:00-11:00a.m, Level 2 Fri.'s. 11:00-12:00p.m. Intermediate Thu.'s., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0924)

**MUSIC LESSONS.** Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-1126)

**WEST AFRICAN DANCE W/ LIVE DRUMMING.** Tues.'s, All Level Class, 5:30 p.m -7 p.m. Thurs.'s Beginning/Breakdown, 7 p.m.-8 p.m., Redwood Raks Dance Studio, Arcata. Facebook Arcata West African Dance or contact Heather (707) 834-3610. (DMT-0331)

## Fitness

**NORTH COAST FENCING ACADEMY.** Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0924)

**SUN YI'S ACADEMY OF TAE KWON DO.** Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0827)

**ZUMBA WITH MARLA JOY.** Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

## Lectures

**CREATING ORDER & SIMPLICITY.** Learn a logical, easy-to-follow system to help you de-clutter the past and organize for the present. With Barbara Browning. Sat., Sept. 26, 10 a.m.-1 p.m. Fee: \$75. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-0917)

**TOOLS FOR ANNUAL GIVING.** Learn methods for developing prospects and donors to sustain annual operations of your nonprofit organization. With Guimar Hiebert and Beth Bray. Meets online Sept. 21-Oct. 16. Fee: \$195. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/fundraisingcertificate. (DMT-0917)

## 50 and Better

**OSHER LIFELONG LEARNING INSTITUTE (OLLI).** Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

**IPAD BASICS INTRODUCTION.** With Annie Reid. Saturdays, Oct. 3-17 from 10:30 a.m.-12:30 p.m. Learn to connect to wi-fi, save web bookmarks, set up personal iTunes and HSU accounts, and explore apps and functions of various ports and buttons. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0924)

**JOY'S RUSTIC GARDEN. WITH JOY FRASIER** Sat., Sept. 26 from 1-4 p.m. Stroll through this rustic garden and enjoy a meditational labyrinth walk and antique garden structures. OLLI Members \$40/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0910)

**AFS: OPPORTUNITIES WITH STUDENT EXCHANGE PROGRAM.** With John Palmquist. Wed., Sept. 23 from 2-4 p.m. AFS is an exchange program for high school-age students, but also offers diverse volunteer opportunities for people 50 and better. Learn more about local excursions, attending cultural events and study abroad experience opportunities. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0910)

**BRITISH FILMS.** With Philip Wright. Wednesdays, Sept. 30-Nov. 11 from 6-9 p.m. Screen and discuss seven films produced in the decades between 1940 and 1969, which qualify as "classic" British films. OLLI Members \$85/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0924)

**DANSE MACABRE: PLAYING WITH OUR MASKS OF LIVING AND DYING.** With Gina Belton. Wednesdays, Sept. 30-Oct. 28 from 6-8 p.m. Join us in this unique gathering of community where art, death and story intersect! Create a unique piece of artwork to tell a collective story of the imaginable-the art of our living and dying. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0924)

**EVERYONE HAS A STORY. WITH TRACEY BARNES PRIESTLEY.** Wed., Sept. 23-Oct. 21 from 6:30-8 p.m. Preserve your unique oral history. This class covers the fundamental elements of writing, through examples, activities, and prompts. All levels of experience are welcome. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0910)

**INTRODUCTION TO SEA KAYAKING 101. WITH LARRY BUWALDA. MON., SEPT. 21 FROM 1-5 P.M.** Join an experienced and professional guiding team to get the skills and confidence to explore the scenic and pristine coastline of the North Coast. Instructors will cover boat handling, improved paddling efficiency, tides, currents, weather and water safety considerations. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0910)

**INTRODUCTION TO SEA KAYAKING 102.** With Larry Buwalda. Mon., Sept. 28 from 1-5 p.m. Learn intermediate techniques such as self and assisted rescues and priorities, channel traffic signals, and intermediary paddle strokes. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0924)

**INTRODUCTION TO STEEL DRUMS.** With Kate Lang-Salazar. Fridays, Oct. 2-23 from 10-11 a.m. Learn to play steel drums in this fun and enriching class for students of all levels. No previous musical training is required. OLLI Members \$50/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0924)

*continued on next page ►*



**MOVEMENT: ESSENTIAL FOUNDATION TO FITNESS.** With Corey Jung. Sat., Oct. 3 & Sun., Oct. 4 from 12-2 p.m. Learn to feel, move and perform better in activities of daily living to meet your health and fitness goals. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0924)

**RUSSIAN GRAMMAR & WRITING - PART 1. WITH ELENA MATUSEVICH.** Thurs., Sept. 24-Oct. 22 from 12-2 p.m. Get an introduction to the Cyrillic alphabet, pronunciation, punctuation, spelling, understanding tone and diction, and vocabulary development. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0910)

**SEEKING BALANCE.** With Justus Ortega. Wed., Sept. 30 and Mon., Oct. 5 from 12-2 p.m. Get a balance and fall risk assessment. Discuss the implications of reduced balance and provide strategies for improving stability and reducing the risk of falls. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0924)

**SEVEN PRINCIPLES FOR MAKING RELATIONSHIPS WORK.** With Lou Ann Wieand. Sat., Oct. 10 from 9 a.m.-4 p.m. This one-day workshop is designed for couples already in a committed relationship. Deepen your friendship, manage conflict effectively, and learn how to honor each others' dreams and shared meanings. Register by Sept. 30. OLLI Members \$55 per person/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0924)

**TEN MILES OR TEN MINUTES: LET'S WALK. WITH JANETTE HEARTWOOD.** Tues., Sept. 22 from 10 a.m.-12 p.m. Discover hundreds of nearby trails. Decide where to walk, how far to go, what to wear and other preparations for a delightful and interesting outdoor experience. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0910)

**THE ARMCHAIR TRAVELER: AROUND THE BAY IN ONE-TWELFTH OF A DAY.** With Jerry & Gisela Rohde. Sat., Sept. 26 from 1-3 p.m. Historic locations in and around Humboldt Bay come to life in this PowerPoint tour of lumber mills, railroads, whaling stations, and more. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0910)

**THE PLANTAGENETS IN FILM.** With Michael Cooley. Thursdays, Oct. 1-Nov. 5 from 6-9 p.m. The Plantagenet dynasty, from Henry II to Richard III, ruled England for 330 years. Each class will begin with an introduction and conclude with a discussion about the film. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at [www.humboldt.edu/olli](http://www.humboldt.edu/olli) (O-0924)

## Spiritual

**TAROT AS AN EVOLUTIONARY PATH.** Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 [www.tarotofbecoming.com](http://www.tarotofbecoming.com) (S-0924)

**"ROCK THE BLOCK"** - Free food, giant games, face painting, bounce houses, dunk tank, live music. Fun for the whole family. Giant Community Block Party following National Back to Church Sunday at 10:45. Sunday, September 20 at Campbell Creek Connexion, corner of Union and 13th St., Arcata. (S-0917)

**ARCATA ZEN GROUP MEDITATION.** Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit [arcatazengroup.org](http://arcatazengroup.org) **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit [barryevans9@yahoo.com](mailto:barryevans9@yahoo.com) . (S-0924)

**EUREKA MINDFULNESS MEDITATION GROUP.** 1st & 3rd Sun's 10 a.m.-noon. All faiths welcome. Easy to learn; helps body and mind! Free-will donation. Wheelchair access. No perfume. 730 K, Eureka. 269-7044. (S-0917)

**HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP.** We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Services at 11am on Sunday. Child care is provided. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, [www.huuf.org](http://www.huuf.org). (S-0924)

**KDK ARCATA BUDDHIST GROUP.** Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, [Fierro\\_roman@yahoo.com](mailto:Fierro_roman@yahoo.com), [www.kdkarcatagroup.org](http://www.kdkarcatagroup.org) (S-0924)

**SPIRIT TALK WITH REV. DIANE.** All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-924)

**TRANSMISSION MEDITATION** Wednesdays 6-7pm Isis Osiris Healing Temple 44 Sunny Brae Ctr, Arcata [TransmissionMeditation.org](http://TransmissionMeditation.org) 707-681-9970 (S-0924)

**UNITY OF THE REDWOODS.** Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), [www.unityoftheredwoods.org](http://www.unityoftheredwoods.org) (S-0924)

## Therapy & Support

**ALCOHOLICS ANONYMOUS.** We can help 24/7, call toll free 1-844 442-0711. (T-0924)

**FREE DEPRESSION SUPPORT GROUP.** Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m - 7:45 p.m, at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0917)

**SMOKING POT? WANT TO STOP?** [www.marijuana-anonymous.org](http://www.marijuana-anonymous.org) (T-0924)

**SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS?** Confidential help is available. 825-0920, [saahumboldt@yahoo.com](mailto:saahumboldt@yahoo.com) or (TS-0924)

## Vocational

**INSIGHTS ON FLYER DESIGN FOR SMALL BUSINESSES** Wed & Thurs, Sept 30th & Oct 1st, 2015 1:00pm - 5:00pm, \$250.00 Put your own marketing/advertising idea for the upcoming holidays into development with this hands-on class. Impress your customers with new skills to tickle their fancy. Community Education 525 D Street Eureka, Computer Lab 707-476-4500 for registration information (V-917)

**SOUTHERN HUMBOLDT COMMUNITY HEALTH-CARE DISTRICT (SHCHD)** is providing a \$500 stipend to any student who lives within SHCHD boundaries and is accepted into and attends the College of the Redwood Phlebotomy Program. Stipends are intended to support local students with the financial costs of attending the program, such as: travel and books. Students that receive a stipend are NOT obligated to work at SHCHD during or after completing the phlebotomy program. Applications can be picked up at Southern Humboldt Community Clinic or by emailing [htucker@shchd.org](mailto:htucker@shchd.org). The deadline to apply for the stipend is October 1st, 2015. (V-0903)

**TRUCK DRIVING TRAINING PROGRAM** at College of the Redwoods starts November 9th call us at 707-476-4503 for information and registration or visit our website at <http://www.redwoods.edu/Departments/Community-Ed/truckdriver.asp> (V-0917)

## Wellness & Bodywork

**ARCATA SCHOOL OF MASSAGE IS NOW ENROLLING FOR OUR 650-HOUR PROGRAM.** Starts Sept. 1, 2015. It is a Morning Program that meets Mon.- Fri., 9 a.m. - 1 p.m. Training is based in mindfulness, compassion, and many therapeutic massage modalities. Visit [arcatamassage.com](http://arcatamassage.com) for complete course descriptions and information. (W-0128)

**DRAGON HEART TANG SOO DO AT PRESBYTERIAN CHURCH ON G ST.** Tuesday and Thursday classes - kids 4-5pm, adults 5:30-7:30pm. Free women's self-defense class Thursdays 5-5:30pm. Call Master Becky Rupp 707-923-2886. (W-1015)

**DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL.** Dandelion Herbal Center classes with Jane Bothwell. Festival of Herbs: Visiting Teachers Series. Dec. 2015 - May 2016. Meets the 1st weekend of the month for intermediate to advanced herb students and health care practitioners. Learn from renowned herbalists: Rosemary Gladstar, Christopher Hobbs, Amanda McQuade-Crawford, Kevin Spelman, Kathleen Harrison and Jessica Baker! Beginning with Herbs. Jan. 13 - March 9, 2016, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Medicinal Cannabis Conference. April 23-24, 2016. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level! Register online [www.dandelionherb.com](http://www.dandelionherb.com) or call (707) 442-8157. (W-1203)

**JIN SHIN JYUTSU SELF-HELP CLASSES.** Learn what this ancient way of balancing energy with gentle touch is, and how to do it for yourself to enhance your health, comfort and peace of mind. Third Sundays, July thru December, 10am. to 1p.m. \$30 per class or \$150 for all six classes. Attend one, some, or all. July 19, Aug. 16, Sept. 20, Oct. 18, Nov. 15, Dec.20, at the Arcata Wellness Center, 735 12th St., Arcata. Taught by Denny Dorsett RN, Jin Shin Jyutsu practitioner and self-help instructor. Call 707 825-0824 for information and pre-registration, or drop in, space allowing. (W-1217)

**T'AI CHI WITH MARGY EMERSON.** At 1049 C Samoa Blvd., Arcata (K St. & Samoa). 13-week term starts September 15. Four programs for beginners: T'ai Chi for Back Pain and Arthritis, Traditional Long Form Wu Style, Combined 42 Forms, and Chen 36. (Experience in the same or another style required to enter 42 Combined Forms or Chen 36.) Daytime and evening classes. Begin as late as the third week. Visit a class with no obligation to pay or enroll. For details: [www.margaretemerson.com](http://www.margaretemerson.com) or 822-6508. (W-0917)

**YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG.** Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-0924)

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Submit your art, dance, movie,  
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**NOTICE OF PETITION TO  
ADMINISTER ESTATE OF  
CHRISTINE BACKUES CASE NO.  
PRI50222**

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Christine Backues  
A PETITION FOR PROBATE has been filed by Petitioner, Jackie Gable In the Superior Court of California, County of Humboldt. The petition for probate requests that Jackie Nickole Riley Gable be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on October 8, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account

as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.  
ATTORNEY FOR PETITIONER:  
Carlton D. Floyd  
Floyd Law Firm  
819 Seventh Street  
Eureka, CA 95501  
(707) 445-9754  
Filed: September 3, 2015  
SUPERIOR COURT OF CALIFORNIA  
COUNTY OF HUMBOLDT  
9/17, 24, 10/1 (15-202)

**TS# 15-2182 NOTICE OF  
TRUSTEE'S SALE YOU ARE IN  
DEFAULT UNDER A DEED OF  
TRUST DATED: 11/4/10. UNLESS  
YOU TAKE ACTION TO  
PROTECT YOUR PROPERTY, IT  
MAY BE SOLD AT A PUBLIC  
SALE. IF YOU NEED AN EXPLA-  
NATION OF THE NATURE OF  
THE PROCEEDING AGAINST  
YOU, YOU SHOULD CONTACT  
A LAWYER.**

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. Trustor: Walter Harold Craig, Jr. Duly Appointed Trustee: Foreclosure Specialists LLC Recorded 11/5/10 as Instrument No. 2010-24410-7 of Official Records in the office of the Recorder of Humboldt County, California, Date of Sale: Thursday, September 24, 2015 at 10:30 AM Place of Sale: On the steps to the front entrance to the County Courthouse, 825 5TH Street, Eureka, CA 95501 The common designation of the property is purported to be: 3755 Rancho Sequoia Drive, Alderpoint, CA 95511 APN: 216-392-012 & 013 Estimated opening bid: \$30,261.13 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the

time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727 or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: TS # 15-2182. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 8/24/15 Foreclosure Specialists LLC 1388 Court Street, Ste C Redding, CA 96001 530-246-2727, Toll Free: 844-333-6766, Janelle St. Pierre Trustee Sale Officer Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. TAC: 977063 PUB: 9/03, 9/10, 9/17/15. (15-194)

**FICTITIOUS BUSINESS NAME  
STATEMENT 15-00485**

The following person is doing Business as **HOW'S IT HANGING - PICTURE FRAMING** Humboldt, 1523 Main Str, Fortuna, Ca 95540  
**Dawn R McCombs**  
**60 W Bridge Str, Rio Dell, CA**

**95562**

The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Dawn McCombs, Sole Proprietor  
This statement was filed with the County Clerk of Humboldt County on August 17, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: A. Abram

8/27, 9/3, 9/10, 9/27 (15-192)

**FICTITIOUS BUSINESS NAME  
STATEMENT 15-00493**

The following person is doing Business as **RAK BUSINESS ADVISORS** Humboldt, 1656 Dean Street, Eureka, CA 95501  
**Heather R Watkins**  
**1656 Dean Street, Eureka, CA 95501**  
**Jessica E Ayala**  
**670 10th Street Apt 4, Arcata, CA 95521**  
The business is conducted by A General Partnership.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Julie Clark, Owner/Operator  
This statement was filed with the County Clerk of Humboldt County on August 21, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: A. Abram

8/27, 9/3, 9/10, 9/27 (15-191)

**FICTITIOUS BUSINESS NAME  
STATEMENT 15-00494**

The following person is doing Business as **SERENITY NOW HOME AND GARDEN SERVICES** Humboldt, 2635 Susan Ave, Arcata, CA 95521  
**Clint D Schroeder**  
**2635 Susan Ave, Arcata, CA 95521**  
The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true

any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Clint Schroeder  
This statement was filed with the County Clerk of Humboldt County on August 24, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: M. Morris

8/27, 9/3, 9/10, 9/27 (15-193)

**FICTITIOUS BUSINESS NAME  
STATEMENT 15-00503**

The following person is doing Business as **MCBURN FIREWOOD** Humboldt, 2190 Hooven Rd, McKinleyville, CA 95519  
PO Box 476, Cutten, CA 95534  
**Conan J Cavanaugh**  
**3939 T St, Eureka, CA 95503**  
The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Conan J. Cavanaugh  
This statement was filed with the County Clerk of Humboldt County on August 27, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: M. Morris

9/3, 9/10, 9/17, 9/24 (15-196)

**FICTITIOUS BUSINESS NAME  
STATEMENT 15-00504**

The following person is doing Business as **HONEST AS TATTOO COMPANY** Humboldt, 6093 Princeton Dr., Eureka, CA 95503  
**Abraham M. Kennedy**  
**6093 Princeton Dr., Eureka, CA 95503**  
The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Abraham Kennedy, Owner  
This statement was filed with the County Clerk of Humboldt County on August 27, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: M. Morris

9/10, 9/17, 9/24, 10/1 (15-199)

**FICTITIOUS BUSINESS NAME  
STATEMENT 15-00505**

The following person is doing Business as **TOMAS JEWELRY** Humboldt, 1275 8th Street, Arcata, CA 95521  
**Toucan, INC, 1275 8th Street, Arcata, CA 95521**  
The business is conducted by A Corporation.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Chris Albright  
This statement was filed with the County Clerk of Humboldt County on August 28, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: S. Carns

9/10, 9/17, 9/24, 10/1 (15-197)

**FICTITIOUS BUSINESS NAME  
STATEMENT 15-00496**

The following person is doing Business as **NORTH COAST LED** Humboldt, 3101 Concorde Dr Ste D McKinleyville, CA 95519  
**John F Vogelpohl**  
**3101 Concorde Dr Ste D, McKinleyville, CA 95519**  
The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s John F Vogelpohl, Owner  
This statement was filed with the County Clerk of Humboldt County on August 25, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: M. Morris

9/17, 9/24, 10/1, 10/8 (15-201)

**FBN statements: \$55 • 442-1400**



# legal NOTICES

## FICTITIOUS BUSINESS NAME STATEMENT 15-00519

The following person is doing Business as **NORTH WEST TREE SERVICE** Humboldt, 20 Bell View Ave, Rio Dell, CA 95562

**Micah D Bigelow**  
20 Bell View Ave, Rio Dell, CA 95562

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Micah D. Bigelow, Owner  
This statement was filed with the County Clerk of Humboldt County on September 3, 2015  
KELLY E. SANDERS  
Humboldt County Clerk  
By: A. Abrams

9/10, 9/17, 9/24, 10/1 (15-200)

## PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code. The undersigned will sell at public sale by competitive bidding on the 23rd of September, 2015, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage. The following units are located at 4055 Broadway Eureka, CA, County of Humboldt.

Ryan Doucet, Unit # 5014  
Daniel Sullivan, Unit # 5326  
Tasha Jantz, Unit # 5431

The following units are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

William Hansen, Unit # 2811  
Jeanette Lenihan, Unit # 3413

The following units are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Linda Stewart, Unit # 1112  
Triston Thornton, Unit # 1166  
Nathaniel Toering, Unit # 1169  
Starla Bremer, Unit # 1185  
Antwanique Brown, Unit # 1198  
Daniel Aukerman, Unit # 1208

Kerri Lazarus, Unit # 1555  
Jessica Atmore, Unit # 1590  
Beverly Conner, Unit # 1593  
Tobin Steiskal, Unit # 1661  
Brian Smith, Unit # 1680  
Jade Butler, Unit # 1711 (Held in Co. Unit)  
Randy Kobic, Unit # 1728  
Myomi Hammond, Unit # 1730  
Juanita Lowery, Unit # 1755

The following units are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Joshua Roberson, Unit # 148  
Edward Bilecki Jr., Unit # 244  
John Price, Unit # 309  
Deborah Stein, Unit # 341  
Destiny Duncan, Unit # 344

Items to be sold include, but are not limited to:  
Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Rainbow Self-Storage, 707-443-1451, Bond # 40083246.  
Dated this 10th day of September, 2015 and 17th day of September, 2015 (15-198)

RESTAURANTS, MUSIC,  
EVENTS, MOVIE TIMES,  
ARTS LISTINGS, BLOGS

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and it's ready  
to go, right on  
your phone.



## PUBLIC NOTICE PROPERTY TAX DUE

John Bartholomew, Humboldt County Tax Collector, gives notice that regular secured tax bills will be mailed on or about September 18, 2015, to all property owners, at the addresses shown on the tax roll. If you own property in Humboldt County and do not receive a tax bill by October 15, contact the Tax Collector's office, 825 Fifth Street, Room 125, Eureka, Ca. 95501 or call (707) 441-2030. Failure to receive a tax bill does not relieve the taxpayer of the responsibility to make timely payments.

The FIRST INSTALLMENT of 2015-16 taxes are due and payable on November 1, 2015, and will become delinquent if not paid by 5:00 p.m. on December 10, 2015; thereafter a 10% penalty will be added, plus any applicable fees.

The SECOND INSTALLMENT will be due on February 1, 2016 and, if not paid by 5:00 p.m. on April 11, 2016, a 10% penalty and \$20 cost charge will be added, plus any applicable fees.

BOTH INSTALLMENTS MAY BE PAID when the first installment is due. SUPPLEMENTAL TAX BILLS are an additional tax liability due to a reassessment of your property value and are due on the date the bill is mailed to you. Please check the supplemental tax bill delinquent dates to be sure to pay the taxes in a timely manner to avoid penalties & costs.

The EUREKA CITY SCHOOL DISTRICT MEASURE S Bond rate will be \$ 55.00 per \$100,000 of property valuation. Call 441-2412 if you have any questions.

Payments may be made by mail sent and made payable to the Humboldt County Tax Collector, 825 Fifth Street, Room 125, Eureka, Ca. 95501, between the hours of 8:30 a.m. and Noon, and 1 p.m. and 5 p.m., Monday through Friday, holidays excepted. Please visit our website if you'd like additional information or to pay online.

John Bartholomew  
Humboldt County Tax Collector  
Date: 9/14/2015

09/17, 09/24 (15-203)

PLACE YOUR  
OWN AD AT:  
classified.northcoast  
journal.com

## HumbUG



CUTE LITTLE BUGGER.  
PHOTO BY ANTHONY WESTKAMPER

# Spider Love

By Anthony Westkamper

humbug@northcoastjournal.com

## Jumping Spiders!

Even people who do not like spiders can find much to love in the red backed jumping spider. First of all they are cute (well, cute for a spider). Stocky and fuzzy, with eight eyes positioned across a broad face, they are somehow a little less spidery-creepy than a black widow. If you are impressed by athletic prowess, they are stars in the long jump category — reportedly able to jump 30 to 40 times their body length. A 6-foot man with that ability could jump half a football field with room to spare. Wonder of wonders, this is not directly accomplished with muscles. Spiders of all sorts use hydraulics to extend their legs. A quick Google search under “spider hydraulics” will turn up dozens of articles about it. That’s the reason their legs curl up as they die. They are effectively spring loaded to that position. It is internal pressure that extends them and allows the animal to move about. Like rock climbers, wherever they go they attach a safety line. If they are dislodged, they can recover immediately.

Some articles I've read point out they can calculate a trajectory around an obstacle, attach a silk drag line, jump, and swing past a barrier to get to their target. All of which is a pretty sophisticated piece of math for something with a brain the size of a bit of lint.

If you just don't like spiders at all, you can take cheer from the fact that they quite effectively hunt other spiders. I'd say about half of the photos I've taken of jumping spiders with prey are spider on spider. It is fascinating to watch them acquire a target, stalk it to comfortable distance and suddenly leap onto it. When it goes right, it is all over very quickly.



THE SELF-SACRIFICING BLACK LACE WEAVER LETS HER OFFSPRING DEVOUR HER. (UGH, THE GUILT.)  
PHOTO BY ANTHONY WESTKAMPER

## Good Mothers

In grammar school I learned that only the birds and mammals cared for their young. Later I learned that crocodiles and alligators build and protect nests, but largely the “lower lifeforms” do little after laying their eggs. Aside from the social insects that feed, protect and rear the young into adulthood, parental care is relatively rare in the insect world.

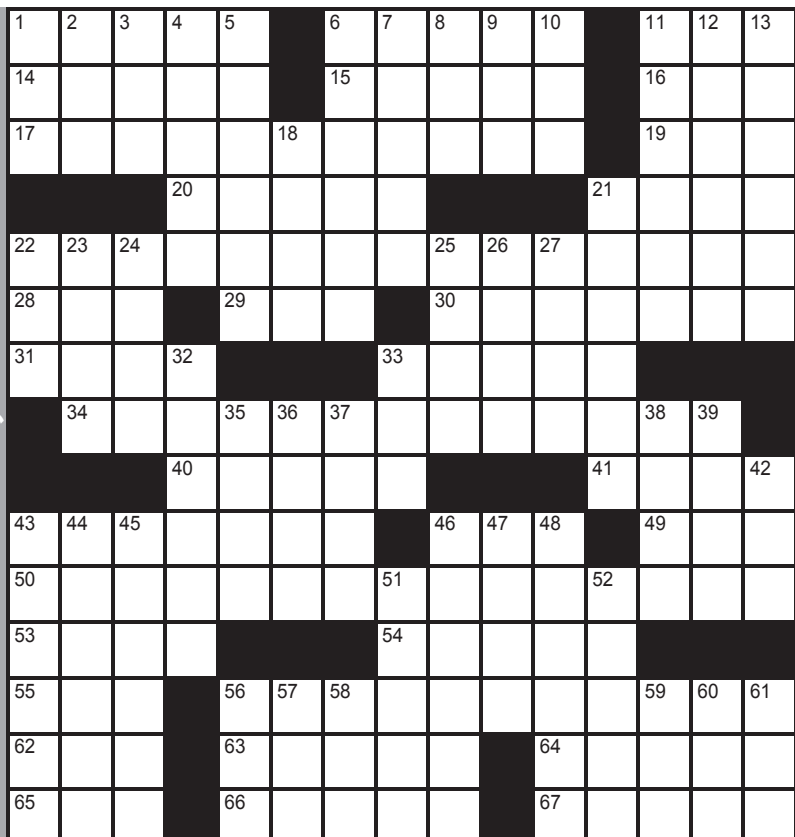
Of course there are exceptions. Take many members of the giant waterbug (family *Belostomatidae*). The female cements the eggs to the male's back and, through the sheer self preservation, he protects the young. Among the spiders, scorpions and centipedes, however, there are a great many examples. I have often observed female American house spiders (*Parasteatoda tepidariorum*) building a web and case in which females lay eggs. After they hatch, babies may stay many days in the mother's web feeding on whatever may be netted.

The common little wolf spider (family *Lycosidae*), which does not spin a web in my yard, carries an egg sack around on her abdomen until the spiderlings hatch and then, for a few days, carries them on her back. A little while ago, as I was dismantling an old wood pile, I happened across three mother centipedes (*Scolopocryptops gracilis*) each tenaciously protecting their clutch.

The black lace weaver, a species of spider which does not live around here, probably takes the cake as a “good mother.” *Amaurobius ferox* lays her eggs, tends the web and once they have hatched, lays a second set of eggs for the babies to consume. They molt once and then she actively encourages them to eat her, which they do. She is a member of the “hacklemesh” family of spiders of which there are local examples. Do they behave in the same way? No one knows. It has been said, “wherever you are you are within six feet of a spider,” so, that very same drama might just be playing itself this very minute inside one of your walls.







## GAME CHANGER

ANSWERS NEXT WEEK!

## ACROSS

1. Urban of country  
6. Phi Beta \_\_\_\_  
11. Yahoo! event in 1996: Abbr.  
14. One People, say  
15. More pleasant  
16. Just off the assembly line  
17. 100% of attractive women flutter their eyelashes?  
19. Finished off a brat?  
20. "The Tempest" spirit  
21. Part of POTUS: Abbr.  
22. Rip into Scalia, Sotomayor and their peers for being so cheerless?  
28. HuffPo's parent  
29. Greetings  
30. Designer Armani  
31. Jacuzzi session  
33. "Understand?"  
34. Thrash that

- doesn't inflict a whole lot of pain?  
40. Where Jimmy Carter became a distinguished professor in 1982  
41. Southern pronoun  
43. Libation that often comes in a large glass bottle  
46. Capt.'s prediction  
49. Have second thoughts about  
50. Question posed to gauge interest in the purchase of a chain of B&Bs?  
53. Super Soaker brand  
54. Screw up  
55. Tokyo Rose's real first name  
56. Cause of a paradigm shift ... or what's gotten to 17-, 22-, 34- and 50-Across

62. Circus safeguard  
63. Juan's sweetheart  
64. No-goodnik  
65. Vane dir.  
66. \_\_\_\_ touch  
67. County abutting London  
**DOWN**  
1. Optima maker  
2. Subj. for a citizenship applicant  
3. Many a trop. paradise  
4. Instruments in military bands  
5. Cozy spot by the fire  
6. Kowtows, say  
7. Window alternative  
8. Toxic pollutant banned since the 1970s  
9. Shade of green  
10. "The only way to run away without

- leaving home," per Twyla Tharp  
11. Where to be snug as a bug, according to an idiom  
12. Russian leader, 1682-1725  
13. Has because of  
18. Israel's Netanyahu, informally  
21. Plus-sized  
22. Four-yr. degrees  
23. Hang (over)  
24. Jai \_\_\_\_  
25. Sun or stress  
26. Toy on a string  
27. Do  
32. Was familiar with  
33. "A Different World" actress  
Jasmine who, despite her surname, is a woman  
35. Hacker's cry of success  
36. Tops

37. Nonkosher  
38. Dinghy duo  
39. Arts and crafts purchase  
42. Call at Wimbledon  
43. Turner of "Northern Exposure"  
44. Lopsided  
45. Emulate Elvis, say  
46. Author Jong and others  
47. Addams Family nickname  
48. Speedy Gonzales cry  
51. Movado competitor  
52. Running with scissors and such  
56. Bit of cheesecake  
57. "\_\_\_\_ wrong?"  
58. Prefix with day or week  
59. Director Van Sant  
60. Lingo suffix  
61. Andy's dinosaur in "Toy Story"

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**LAST WEEK'S ANSWERS TO ADD TO CART**

T	H	A		Z	O	N	E		O	R	C	H	I	D
H	O	L		A	C	A	I		H	E	A	D	T	O
E	B	L		A	N	C	H	E		D	N	A	L	A
A	B	E	N	T		S	I	T	A	T				
L	I	N	D	A	S		O	G	R	A	P	H	E	R
P	E	D	I	C	A	B		I	N	C	O	U	R	T
S	S	E				I	A	N		A	S	H	E	S
				A	D	D	T	O	C	A	R	T		
A	L	I	B	I			W	A	S		P	H	I	
G	E	N	E	R	A	L		L	A	T	E	R	O	N
O	O	N	S	T	R	I	P		P	I	V	O	T	S
				R	E	T	R	O		M	A	C	H	E
O	N	F	O	O	T		E	R	C	E	N	T	E	R
B	O	O	Y	A	H		S	A	I	L		O	A	T
I	M	E	L	D	A		S	L	A	Y		R	D	S

**su | do | ku** © Puzzles by Pappocom MEDIUM #54

				5	8	3			
			6	2			7		
8	5					1			
		8	3				6	1	
	3	7			8	4			
			9				8	2	
		9			7	1			
			1	5	4				

www.sudoku.com

## classified EMPLOYMENT

CONTINUED ON NEXT PAGE

## Clubs/Orgs

**TRINIDAD CIVIC CLUB**  
RUMMAGE SALE for Scholarship Program Saturday, September 19, 8am-2pm at Trinidad Town Hall. Available Tables \$20. Contact 707-599-9030.

## Opportunities

**AIRLINE CAREERS** begin here - Get started by training as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN)

**AIRLINE CAREERS.** Start here - If you're a hands on learner, you can become FAA Certified to fix jets. Job placement, financial aid if qualified. Call AIM 800-481-8389. (E-0917)

**AMERICAN STAR PRIVATE SECURITY.** Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-1231)

**HOME CAREGIVERS PT/FT.** Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045. (E-1231)

**Planned Parenthood**  
Care. No matter what.  
Planned Parenthood Northern California  
**Planned Parenthood of Northern California**

**Part-Time** (32 hours/wk)  
**Lead Clinician**  
**Eureka, 10K Sign On Available!**  
**Per Deim Clinician II**  
(with a possibility of additional regular hours in the future)  
**Eureka Health Center.**

The Advanced Practice Clinician (i.e., Nurse Practitioner, Physician Assistant, Certified Nurse Midwife) will function as part of a healthcare team to provide care under the standing orders and medical supervision of the Medical Director in conjunction with the Senior Director of Medical Services and Lead Clinician, and in accordance with PPFA and PPNorCal Medical Standards and Guidelines. This position is an integral part of the Client Services department and reports to the Center Director. These are non-exempt positions that include evening and/or weekend shifts as needed. Salary is DOE + bilingual pay differential + float pay differential (if applicable). Interested candidates can submit their resume, 3 professional references, and cover letter to careers@ppnorcal.org. EOE.

## Opportunities

**Planned Parenthood**  
Care. No matter what.  
Planned Parenthood Northern California

Planned Parenthood has the following position currently available at our Eureka Health Center.

**Full-time Reproductive Health Specialist II**

This is a non-exempt, FT position working 40 hours/wk including evenings and Saturdays as needed. Salary is \$13-\$15/hour + bilingual pay. Send resume, cover letter and 3 references to [careers@ppnorcal.org](mailto:careers@ppnorcal.org).

**Planned Parenthood**  
Care. No matter what.  
Planned Parenthood Northern California

Planned Parenthood has the following position currently available at our Eureka Health Center.

**Full-time Center Director III**

The Center Director has direct oversight for the overall development, management, and supervision of center staff and services at the designated health center site. This is an exempt, FT position, working 40 hours/wk including evenings and Saturdays as needed.

Salary is DOE Send resume, cover letter and 3 references to [careers@ppnorcal.org](mailto:careers@ppnorcal.org)



## Employment Opportunity

### WATER QUALITY SPECIALIST

Performs Clerical, administrative, and field work duties for the Environmental and Natural Resources department. Requires a High School Diploma or equivalent. College degree preferred. Min. of 1 year GIS and WQX/STORET exp. required. Must have a valid CA Drivers License.

Tribal preference given per the Indian Self-determination and Education Assistance Act (25 U.S.C Section 450 e(B)). For an application and more information please go to [www.bearrivercasino.com/careers](http://www.bearrivercasino.com/careers)

**CHANGE A LIFE TODAY!**

Gain financial security while helping us support adults with developmental disabilities in our community. California MENTOR is seeking caring people with a spare bedroom to provide care from the comfort of your home. Receive a competitive tax-exempt monthly stipend and ongoing support. Call Sharon today for more information at 442-4500 ext. 16 [www.mentorswanted.com](http://www.mentorswanted.com) (E-1231)

**Shasta View Nursing Center****NOW HIRING skilled nursing staff**

- MDS Nurse
- Physical Therapist
- RN's, LVN's, CNA's

Shasta View Nursing Center in Weed, CA, is hiring full-time and "on call" employees. We are a small, growing skilled nursing facility located at the base of beautiful Mt. Shasta.

If interested in applying, please call (530) 938-4429, email [svadmin@meridianforesight.com](mailto:svadmin@meridianforesight.com), or stop by 445 Park Street, Weed, CA.



## Opportunities

**Share your heart, Share your home.  
Become a mentor today.**

**Would you like to do something meaningful this year?**

- Gain Financial security • Help someone in need
- Be part of something important and meaningful

*California MENTOR is seeking caring people with a spare bedroom to support adults with special needs. Receive a competitive tax-exempt monthly stipend and ongoing support while working from the comfort of your home.*

California  
**MENTOR**  
Family Home Agency

317 3rd Street, Suite 4  
Eureka, CA 95501

Call Sharon at 707-442-4500 ext. 16 or visit [MentorsWanted.com](http://MentorsWanted.com)



**United Indian Health Services, Inc.**

**Application deadline: Sept. 18, 2015**

### **Facilities & Safety Program Tech**

Assist the Facilities Manager, staff training, Safety Program Officer & various activities.

### **Health Promotion & Education Manager**

Develops and leads grant funded projects ~ promotes prevention and education programs within the Native American community.

### **Diabetes Program Manager**

Manages & implements prevention efforts and provides clinical coordination with medical providers

### **Client Benefit Technician**

Assist patients in registration and insurance applications.

### **Referral Technician**

Processes and tracks referrals for providers.

### **Physical Activity Specialist**

Through the UIHS Diabetes Prevention Program serves as the lifestyle "coach" for participants.

### **Human Resources Director**

Directs all aspects of HR, work with Board of Directors, Design and Maintain Organizational Structure

### **OB (NA-AS) Clinical Nurse**

Provide comprehensive Perinatal Services

### **Van Driver ~ Part Time**

Position is .60 FTE, Must have Class B License

### **Medical Assistant's**

Weitchpec & Fortuna ~ Assists with examination and treatments, must be injection certified.

### **Clinical Nurse**

Weitchpec ~ Provide appropriate sensitive care

### **Medical Provider – MD/DO or FNP/PA**

Smith River & Klamath areas. Provides full scope primary care

Job description & salary range posted on website. Employment application available online at [www.uihs.org](http://www.uihs.org). Email application, cover letter and resume to [UIHS-Recruiting@crihb.org](mailto:UIHS-Recruiting@crihb.org)

*Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given.*

## Opportunities



**Moonrise Herbs**

*Moonrise Herbs is seeking a*

### **Qualified Store Manager**

If you have been in a management position before and are passionate about holistic healing with herbs, teas, supplements and essential oils, stones and spiritual gifts please email your resume and cover letter to [Irene@moonriseherbs.com](mailto:Irene@moonriseherbs.com).

This is a full time position and involves working Saturdays and occasional evenings. Salary to be discussed.

**826 G Street • Arcata • (707) 822-5296**



*The City of Rio Dell is now accepting applications for*

### **POLICE OFFICER**

(\$41,823 to \$56,957 + Benefits)

Entry level or lateral – general uniformed police work.

### **UTILITY WORKER I**

(\$10.00 per hour, Part-Time)

Temporary through January 2016)

Entry level assignments of outdoor labor maintaining city property and streets.

Applications may be obtained at 675 Wildwood Avenue, [www.riodellcity.com](http://www.riodellcity.com) or call (707)764-3532.

Applications for both positions are due by **5 pm on October 9, 2015.**



### **Operations and Maintenance Technician**

Under general supervision, operates, maintains, and controls the District's water pumping, distribution and water treatment facilities; performs basic laboratory testing and sample collection; performs preventative maintenance checks and repairs of the District water pumping, distribution and treatment facilities, machinery, equipment, structures, and grounds; and performs other related duties as required.

Treatment plant experience highly desirable. Minimum Grade II Operator Certification and Grade II Distribution required. T-3 and D-3 preferred but not required. Salary range \$4,192–\$5,095 plus excellent benefits including deferred compensation.

**Deadline for applications September 18, 2015.**

Call (707) 443-5018 for an application or visit [www.hbmwd.com](http://www.hbmwd.com)

## Opportunities

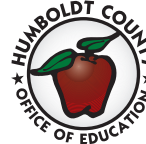


### **Executive Director**

The Arcata Chamber of Commerce Board of Directors is seeking qualified candidates for the position of Executive Director. The Executive Director has primary responsibility for leadership of the activities of the Chamber insuring that its vision, mission and objectives are achieved.

This position reports to the President of the Board of Directors and must establish a good working relationship with Chamber members, city/county government representatives, and provide leadership to Chamber staff in accomplishing the goals and objectives of the organization. A complete position description can be found at [www.arcatachamber.com/about-us](http://www.arcatachamber.com/about-us)

Deadline for submission of Letters of Interest and Resumes is **5pm on Friday, September 25.** Salary DOQ; EOE.



Humboldt County Office of Education

### **School Nurse**

Part-time, 0.5 FTE

Placement on Certificated Salary Schedule, (\$40,167-\$46,629/Yr., will be prorated for 0.5 FTE).

**Qualifications:** A BA in nursing or related field and a Registered Nursing license. With these qualifications an applicant is eligible to then apply for the required Preliminary California School Nurse Services Credential and entry into one of the programs for a Permanent School Nurse Credential. Itinerant school nursing experience preferred.

Full job description available on the HCOE website.

Eligible for Health & Welfare benefits & STRS retirement. Certificated app available at HCOE or online: [www.humboldt.k12.ca.us](http://www.humboldt.k12.ca.us)

**Reply to:** PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at [katkinson@humboldt.k12.ca.us](mailto:katkinson@humboldt.k12.ca.us) or call (707) 445-7039. **Closes: Sept. 30, 2015 at 4pm.**



Humboldt County Office of Education

### **Anticipated Openings for School Bus Drivers**



Entry level or experienced—all you need is the DRIVE to succeed! Part-Time, full-time, and substitute positions. Competitive wages & benefits, PERS retirement for all regular positions. FREE training available for CLASS B license and School Bus Driver Certification.

**Qualifications:** Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at [www.humboldt.k12.ca.us](http://www.humboldt.k12.ca.us)

**Reply to:** Personnel, HCOE, 901 Myrtle Ave., Eureka, CA 95501.



## Opportunities



SEQUOIA PERSONNEL SERVICES INC.

445-9641 • 2930 E Street Eureka, CA 95501  
[www.sequoiapersonnel.com](http://www.sequoiapersonnel.com)

# open door

Community Health Centers

## BEHAVIORAL HEALTH DIRECTOR

1 F/T Eureka

## BEHAVIORAL HEALTH INTEGRATED PROVIDER

1 F/T Crescent City

## CASE MANAGER

1 F/T Arcata

## CASE MANAGER/REFERRAL SUPPORT

1 F/T Crescent City

## DENTAL RECEPTIONIST

1 F/T Eureka

## DIETICIAN (Ped obesity experience)

1 F/T Arcata/Eureka

## LAB ASSISTANT

1 F/T Crescent City

## LVN

1 F/T Crescent City

## MAINTENANCE I

1 F/T Eureka

## MEDICAL BILLER

1 F/T Arcata

## MEDICAL ASSISTANT

1 F/T Eureka

1 F/T Arcata

1 F/T Crescent City

## MEDICAL RECEPTIONIST

1 F/T Fortuna

## MEDICAL RECORDS CLERK

1 F/T Arcata

## OFFICE MANAGER

1 F/T Fortuna

1 F/T Eureka

## REGISTERED NURSE

1 F/T Crescent City

1 F/T Willow Creek

## RN- TRANSITION & CARE COORDINATOR

1 F/T Eureka

## TRAINING SPECIALIST

1 F/T Eureka

## TRIAGE RN

1 F/T Ferndale

Visit [www.opendoorhealth.com](http://www.opendoorhealth.com) to complete and submit our online application.

## Opportunities

# RESTIF

## CLEANING SERVICE

ACCEPTING APPLICATIONS FOR

OFFICE CLERK I

Mon-Fri

8:30 a.m.-5 p.m

Email resume to Pamela@restif.com



ON-CALL LPT, LVN POSITIONS AVAILABLE Apply at Crestwood

Behavioral

Health Center,

2370 Buhne St, Eureka

[www.crestwoodbehavioralhealth.com/eureka.html](http://www.crestwoodbehavioralhealth.com/eureka.html)



## CITY OF ARCATA POLICE OFFICER

(\$48,719.07-\$59,218.33/yr

+ generous benefits)

&

## POLICE OFFICER TRAINEE

(\$17.184-\$20.888/hr + health coverage)

Applications considered on an ongoing basis. Application materials available at Arcata City Manager's Office, 736 F Street, Arcata, CA 95521; by calling (707) 825-2135; or at [www.cityofarcata.org](http://www.cityofarcata.org). EOE.



## CITY OF FORTUNA STREET MAINTENANCE WORKER II

\$26,827 - \$32,595

FULL TIME, EXCELLENT BENEFITS.

Entry level position to perform a variety of unskilled and semiskilled work assignments in the maintenance, repair, and construction of City streets and storm drains; to learn basic equipment operation assignments; and to do related work as required with general supervision.

Must be 18 and have valid CDL. Complete job description and required application available at [friendlyfortuna.com](http://friendlyfortuna.com) or City of Fortuna, 621 11th Street, 725-7600.

Application packet must be received by

**4 pm Wednesday,  
September 30, 2015**

## Opportunities



## CITY OF FORTUNA CONFERENCE CENTER WORKER

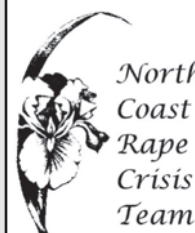
\$9.00-\$10.94 PER HR

Part-time, or on-call for the Fortuna River Lodge Conference Center.

Work may include nights and weekends and involves a wide variety of duties including moderate to heavy physical labor, assisting kitchen user groups and general cleaning.

Full job description and required application available at 621 11th Street, Fortuna, or [friendlyfortuna.com](http://friendlyfortuna.com).

**Open until filled.**



North Coast Rape Crisis Team

## Educator/Advocate

North Coast Rape Crisis Team has a full time Educator/Advocate opening starting at \$16.50/hr with excellent benefits for self-aware, team-oriented person wanting to support survivors of sexual assault.

**Job duties:** crisis intervention, on call shifts, provision of interactive presentations & participation in community outreach. Extensive training provided. Computer experience necessary, bilingual/multicultural experience highly desired.

**Applications due September 22nd by 4 pm**

Call 707 443-2737 for info. EOE



**Southern Humboldt Community Healthcare District is now accepting applications for:**

## ACCOUNTING MANAGER

Full Time Position. Position reports to CFO and is responsible for accounts payable, payroll, the general ledger, and preparing reports for the state and other regulatory bodies. Bachelor's Degree in Accounting or comparable experience, finance, or related field is required. 2-3 year's work experience in finance or accounting, health care experience preferred. Responsible for overseeing accounting clerks.

## REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

## REGISTRATION CLERK

Per Diem with potential of becoming full time. Weekend Shifts required.

## HOUSEKEEPER

Full Time Position. Work 10-hour shifts. No license or certification required.

## COOK

Part time position. Required to cook following a planned menu. No certification or license required.

\*Full Benefits package for all Full Time Employees.

Health Insurance for Part Time Employees

\*Shared housing available between shifts

Visit [www.shchd.org](http://www.shchd.org) for more information and to apply  
 Or call (707) 923-3921 ext. 230



## Opportunities



### EMPLOYMENT OPPORTUNITIES

Cage Cashier, PT  
Janitor, PT  
Shuttle Driver, PT  
Table Games Dealer/Pit Supervisor, PT  
Bartender, PT  
Fiscal Assistant, FT  
Security Officer I, PT  
Cash Ops. Mgr./BSA Compliance Officer, FT  
Deli, PT

To apply visit our website at [www.cheraeheightscasino.com](http://www.cheraeheightscasino.com)



### HUMBOLDT SUPERIOR COURT Job Opportunity

**Court Account Clerk I/II DOE**  
\$2681.47-\$3690.27/mo + benefits

High school diploma or equivalent and one year exp. required. FBI/DOJ/Background check required.

Apply by **9/28/2015** for app and info  
(707) 269-1245 or email [HR@humboldtcourt.ca.gov](mailto:HR@humboldtcourt.ca.gov)

**Learn while you earn!  
Make a difference in a small business!**

## Post Haste is hiring!

### Perks of Post Haste:

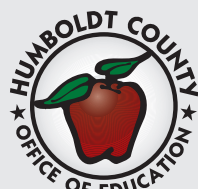
- Challenging variety of work
- Locally-owned family environment
- Flexible hours
- Competitive pay
- Opportunities to learn new skills
- Part-time opportunity with full time potential

Apply in person.  
600 F Street, Ste. 3, Arcata

**No phone calls please.**



## Opportunities



### EDUCATION: EQUAL OPPORTUNITY TITLE IX

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at [www.humboldt.k12.ca.us](http://www.humboldt.k12.ca.us) and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online.  
For more information call 445-7039. (E-0625)



### Carefree Caregiver Hiring

**NON-MEDICAL CAREGIVER  
START AT \$12.00 PER HOUR**  
Submit Resume to:  
[dana@caregiverhire.com](mailto:dana@caregiverhire.com)  
Application to:  
[www.caregiverhire.com](http://www.caregiverhire.com)  
(707) 443-4473

**NURSES AIDE,  
30-35 HRS/WK.** Current/previous CNA pref. Exp. working w/elderly or disabled pref. App./job desc. may be picked up at Adult Day Health Care of Mad River (directly behind Mad River Hospital) Apps. accepted until position filled. 707 822-4866 [adhc@madriverhospital.com](mailto:adhc@madriverhospital.com) Adult Day Health Care is a drug & alcohol free workplace.



Pierson Company is now hiring for the following positions:

**Construction Project Manager • Construction Laborer  
Construction Estimator • Construction Carpenter  
Staff Accountant**

Knowledge of construction terms as well as a "safety-first" mindset. Construction experience preferred. Pay DOE. Submit a resume with application. Pre-employment physical and drug test req'd.

Applications may be filled out at: [www.piersoncompany.com](http://www.piersoncompany.com)  
Pierson Company, 1200 West Harris St., Eureka  
8am-5pm M-F 268-1800x10

## Opportunities



### KITCHEN & HOUSEKEEPERS

On-Call to join team at behavioral health center.  
Must pass DOJ & FBI back ground check. Cook \$11.31/hr, Housekeeping \$10.14/hr.  
EEO/AA/Minority/  
F/Vet/Disability Employer.  
2370 Buhne St, Eureka



### NEED PERSONAL ATTENDANTS (PA) ASAP!!

A PA assists individuals with developmental disabilities. Must be at least 21, clean DMV record, DL, and a vehicle. Pass drug test and background check. Email [osavage@remivistainc.org](mailto:osavage@remivistainc.org) or call (707) 268-8722



### Full-time Licensed Clinical Social Worker (LCSW)

Redwoods Rural Health Center seeks a LCSW to provide integrated behavioral health services for clients in Redway. Works closely with the on-site medical providers, county case management, and specialty mental health. This is a full-time position with paid time off, employer-sponsored health benefits, and Loan Repayment through the NHSC.

For more information, contact Tina Tvedt at (707) 923-2783 or send a resume to RRHC HR Dept., P.O. Box 769, Redway, CA 95560

## Opportunities

**RETAIL MERCHANDISERS** Retail Merchandisers needed for store remodel in Eureka to work 15 consecutive days for 8-10 hrs per day. Reset and POG experience needed. This position is as an Independent Contractor. Contact Verna at 816-522-2288.

## Art & Collectibles



### Antiques & More

"Funky to Functional"

Antiques, Collectibles, Steampunk, Shabby Chic, Local Made, Upcycled, Vintage Clothes & Hats. Saddle & Tack.

580 Main Street, Ferndale



## Auctions

**PUBLIC AUCTION  
SPECIAL DAY  
TUES. SEPT. 22ND 4:15PM**

**NEW TIME  
First Hour Boxes & Smalls.  
Estate Furniture & Household  
Misc. + Additions.**

INFO & PICTURES AT  
[WWW.CARLJOHNSONCO.COM](http://WWW.CARLJOHNSONCO.COM)  
PREVIEW WEDS. 11AM-5PM  
& THURS. FROM 11AM TO SALE TIME



## Clothing

### THEATRICAL THRIFT

The Costume Box thrifty sale rack is full of glitter, fun, unusual and hard-to-find items. Great for creating your own unique costume. Open Mon-Fri 1-5, Sat 11-5. 202 T St. Eureka, Ca (707) 443-5200

## Merchandise

### FLASHBACK

September  
Select  
Sale is:  
Plaids



116 W. Wabash  
443-3259  
Weds.-Sat. 1-6  
Sun. 3-6

"Clothes with Soul"

## Community

### BECOME A FOSTER PARENT.

Provide a safe and stable environment for youth 13-18 for them to learn & grow in their own community. Contact the HC Dept. of Health & Human Services Foster Care Hotline for more information (707) 499-3410

**SAVE A LOT SALE: PANTS & SHIRTS 1/2 OFF! 50¢ SHOE TABLE! SEPTEMBER 17-23** at the Dream Quest Thrift Store where your shopping dollars support year round youth programs!

## Art & Design



### AUTUMN SALE Celebrating 30 Years!



**30% Off**  
all Bulk Herbs and Teas

**10% Off**  
everything else

**Friday - Sunday  
Sept 25th-27th**

Mon.-Sat. 10am-6pm  
Sun. 11am-5pm  
On the Plaza Arcata  
(707) 822-5296  
[www.moonriseherbs.com](http://www.moonriseherbs.com)

## Sporting Goods

### Carry/Conceal Weapons Classes

Indoor Range  
Guns & Ammo  
Gun Rentals  
**INSTRUCTION  
AVAILABLE**



Open Tues-Sun (closed Monday)  
Open Thurs Eve Until 8:30  
1327 5TH STREET EUREKA  
**442-6312**



**ART  
CENTER  
FRAME  
SHOP**

616 Second St.  
Old Town Eureka  
707.443.7017

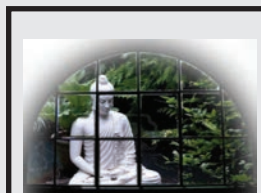
[artcenterframeshop@gmail.com](mailto:artcenterframeshop@gmail.com)

## Auto Service

### ROCK CHIP?

Windshield repair is our specialty. For emergency service CALL GLASWELDER 442-GLAS (4527). [humboldtwindshieldrepair.com](http://humboldtwindshieldrepair.com) (S-0106)

## Cleaning



### CLARITY WINDOW CLEANING.

Services available.  
Call Julie 839-1518. (S-0106)

[northcoastjournal.com/blogjammin](http://northcoastjournal.com/blogjammin)

THE  
BLOGS

MORE BLOGS.  
EVERYDAY.  
BLOGTHING + A&E + HUM PLATE



## Computer & Internet



**Macintosh Computer Consulting for Business and Individuals**  
 Troubleshooting  
 Hardware/Memory Upgrades  
 Setup Assistance/Training  
 Purchase Advice  
 707-826-1806  
 macsmist@gmail.com

## Garden & Landscape

**ALLIANCE LAWN & GARDEN CARE.** Affordable, Dependable, and Motivated Yard maintenance. We'll take care of all your basic lawn needs. Including hedging, trimming, mowing, and hauling. Call for estimates (707) 834-9155. (S-0924)

**PROFESSIONAL GARDENER.** Powerful tools. Artistic spirit. Balancing the elements of your yard and garden since 1994. Call Orion 825-8074, www.taichigardener.com (S0129)

## Home Repair

**2 GUYS & A TRUCK.** Carpentry, Landscaping, Junk Removal, Clean Up, Moving. Although we have been in business for 25 years, we do not carry a contractors license. Call 845-3087 (S-1231)

**HANDYMAN**  
 Need a handyman? Tired of no shows, over priced and unreliable handymen? Give me a call and let's see what I can do for you.  
 Senior discounts.  
 (707) 382-0923  
 hilliardproperty@yahoo.com



**QUALITY WORKSMANSHIP**  
 REASONABLE RATES  
 Decking, Fencing, Siding, Roofing/Repairs, Doors, Windows  
 Honest & Reliable, Retired Contractor  
 (707) 382-8655  
 sagehomerepair@gmail.com

## Musicians & Instructors

**BRADLEY DEAN ENTERTAINMENT.**  
 Singer Songwriter. Old rock, Country, Blues. Private Parties, Bars, Gatherings of all kinds.  
 (707) 832-7419. (M-1231)

**GUITAR/PIANO LESSONS.**  
 All ages, beginning & intermediate. Seabury Gould  
 (707) 444-8507. (M-0106)

**PIANO LESSONS.** Beginners, all ages. Experienced. Judith Louise  
 476-8919. (M-1231)



**BONGO BOY**  
 Studio Recording & Mixing  
 CD Mastering, Package Design  
 Tapes/ LP/ Cassette/ videotape transferred to CD / DVD  
 24 track remote recording  
 Professional Engineer  
 e-mail: bongoboycd@sbcglobal.net  
 bongoboystudio.com  
 Celebrating 13 years in Humboldt County!  
 (707) 839-5090

## Other Professionals

**CIRCUS NATURE PRESENTS**  
**A. O'KAY CLOWN & NANINATURE**  
 Juggling Jesters & Wizards of Play  
 Performances for all ages.  
 Magical Adventures with circus games and toys Festivals, Events & Parties  
 (707) 499-5628  
 www.circusnature.com

**SOMEDAY SERVICES**  
**LAURA PATTERSON**  
**PROFESSIONAL ORGANIZER**  
**HUMBOLDT**  
 Free Evaluation. Fair Rates  
 Compassionate, Strong  
 Confidential.  
 (707) 672-6620  
 Laura@SomedayServices.com  
 www.SomedayServices.com

## Other Professionals

**EDITOR/VIRTUAL ASSISTANT/ WRITING CONSULTANT**  
 Jamie Lembeck  
 Price Varies (808) 285-8091  
 jfaolan@gmail.com




**WRITING CONSULTANT/EDITOR.**  
 Fiction, nonfiction, poetry.  
 Dan Levinson, MA, MFA.  
 (707) 443-8373.  
 www.ZevLev.com




**KNIFE SHARPENING**  
 Knives • Blades • Shears  
 Trimmers • Custom Orders  
 Pick Up and Drop Off:  
**ARCATA:** All Under Heaven  
 Arcata Plaza, 825-7760  
**EUREKA:** Little Japan  
 Henderson Center, 798-6003  
**HARVEY'S SHARP-N-THINGS**  
 707 616-7022

**IN-HOME SERVICES**  
*We are here for you*  
 Registered nurse support  
 Personal Care  
 Light Housekeeping  
 Assistance with daily activities  
 Respite care & much more  
 insured & bonded  
**Humboldt Caregivers**  
 Serving Northern California for over 20 years!  
 TOLL FREE  
 1-877-964-2001

**HIGHER EDUCATION FOR SPIRITUAL UNFOLDMENT.**  
 Bachelors, Masters, D.D./ Ph.D., distance learning, University of Metaphysical Sciences. Bringing professionalism to metaphysics.  
 (707) 822-2111 (MB-1231)



**North Coast Medical**  
**Diane Dickinson, MD**  
  
 (707) 826-1165  
 northcoast-medical.com

**COMMUNITY CRISIS SUPPORT:**  
**HUMBOLDT CO. MENTAL HEALTH CRISIS LINE**  
 445-7715  
 1-888-849-5728  
**HUMBOLDT DOMESTIC VIOLENCE SERVICES**  
 443-6042  
 1-866-668-6543  
**RAPE CRISIS TEAM CRISIS LINE**  
 445-2881  
**NATIONAL CRISIS HOTLINE**  
 1-800 SUICIDE (1-800-784-2433)  
**NATIONAL SUICIDE PREVENTION LIFELINE**  
 1-800-273-TALK  
**SHELTER HOUSING FOR YOUTH CRISIS HOTLINE**  
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**Starting on Page 24**

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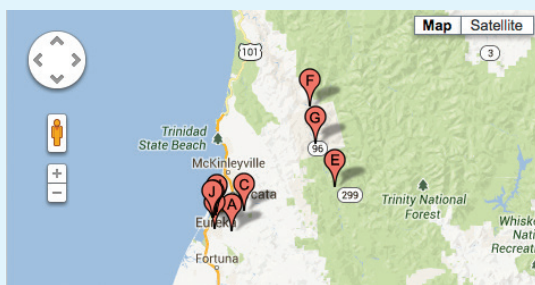
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development includes 2 non-conforming cabins, garden area and pathways through-out. Multiple areas to choose from for your dream home to be located. Property is located at the end of the road and borders USFS land for added privacy. MLS#2108177

**NEW LISTING \$175,000**

Call Retta @ 530.628.5850 for details!



## JUNCTION CITY

This home sits on an amazing 20 acres that borders the Trinity

River. Entering the foyer is a spiral staircase and tile floors, at the top of the staircase is a very unique skylight that brings much natural light into the open and bright floor plan. The property is just breathtaking with a meadow, Weeping Willows and your own boat launch into the Trinity River, 2 car garage and detached work shop with additional garage. MLS#2108129

**\$700,000**

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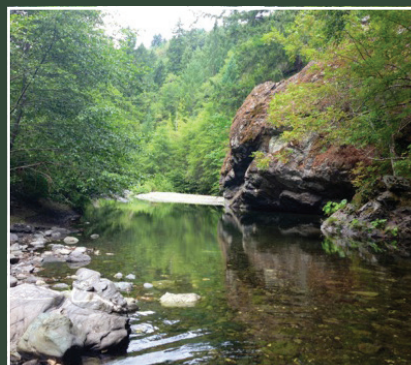
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## REDWOOD CREEK LAND/ PROPERTY \$325,000

±34 Acres, and only 30 minutes from Arcata on Chezem Road. Become part of the elite Redwood Valley community with this amazing property. Enjoy your summers on over ¼ mile Redwood Creek frontage with a fantastic swimming hole. Private road access, low elevation, and power to the property make this a dream.

## BERRY SUMMIT LAND/ PROPERTY \$3,200,000

12 legal parcels totaling ±2,240 acres only 30 minutes from Arcata! Property has convenient deeded access off of HWY 299 and Titlow Hill Road, scenic Redwood Valley views, and some parcels offer PG&E power. Water sources include creeks and natural spring fed ponds. Parcels have a variety of timber including Maple, Tan Oak, Cedar, Fir, Alder, Pine and Madrone. Several investment opportunities available. Qualified Buyers, please call us to discuss.



## SMITH RIVER LAND/ PROPERTY \$159,000

You are not going to want to miss the outstanding ocean views from this ±40 acre property! Property is made up of two separate parcels, ±20 acres each. With building sites, flats, a well and existing cabin all this affordable parcel is missing is you!

## FIELDS LANDING LAND/PROPERTY 2 PARCELS

Two separate parcels in Fields Landing waiting to be built. First ±3.8 acre parcel offered for \$260k is a sloping piece with outstanding ocean views. Second ±2.5 acre parcel is mostly flat and partially covered with wetlands. Offered for \$190k. Both have PG&E to parcels edge.







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